



NATIONAL BUREAU OF STATISTICS

# Selected Food Prices Watch

(OCTOBER 2020)

**Report Date: November 2020**

***Data Source: National Bureau of Statistics (NBS)***

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## EXECUTIVE SUMMARY

Selected food price watch data for October 2020 reflected that the average price of 1 dozen of Agric eggs medium size increased year-on-year by 5.48% and month-on-month by 1.47% to N487.81 in October 2020 from N480.76 in September 2020 while the average price of piece of Agric eggs medium size (price of one) increased year-on-year by 7.92% and month-on-month by 1.92% to N43.72 in October 2020 from N42.90 in September 2020.

The average price of 1kg of tomato increased year-on-year by 31.81% and month-on-month by 7.22% to N307.63 in October 2020 from N286.92 in September 2020.

The average price of 1kg of rice (imported high quality sold loose) increased year-on-year by 38.62% and month-on-month by 2.75% to N530.32 in October 2020 from N516.13 in September 2020.

Similarly, the average price of 1kg of yam tuber increased year-on-year by 35.11% and decreased month on month by -1.12% to N242.87 in October 2020 from N245.62 in September 2020.

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Agric Eggs



UNIT OF MEASUREMENT

OCTOBER 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Dozen**

**N487.81**

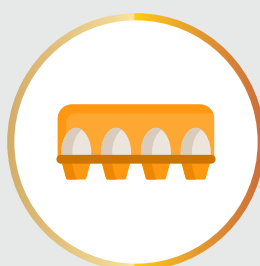
**5.48**

**1.47**



*Lowest Price*

*Borno (410)*



*Highest Price*

*Rivers (583.5)*



Agric eggs  
medium size



UNIT OF MEASUREMENT

OCTOBER 2020

YEAR - ON - YEAR

MONTH - ON - MONTH

**1 Piece**

**N43.72**

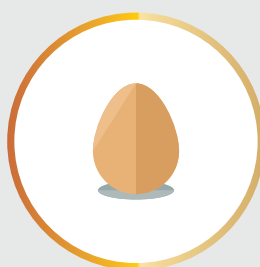
**7.92**

**1.92**



*Lowest Price*

*Kano (38.67)*



*Highest Price*

*Imo (49.5)*



Agric eggs  
(medium size price of one)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Beans



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N326.88**



YEAR - ON - YEAR

**5.81**



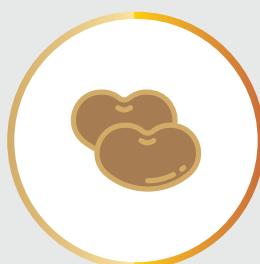
MONTH - ON - MONTH

**4.55**



*Lowest Price*

Bauchi (186.3)



*Highest Price*

Ebonyi (568.07)



Beans brown,  
sold loose



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N300.37**



YEAR - ON - YEAR

**2.87**



MONTH - ON - MONTH

**5.44**



*Lowest Price*

Jigawa (191.07)



*Highest Price*

Ebonyi (551.23)



Beans: white  
black eye. sold loose

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Beef



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1083.35**

YEAR - ON - YEAR

**5.62**

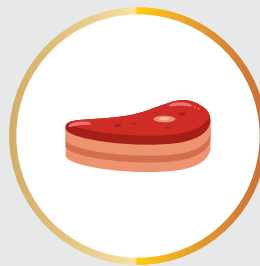
MONTH - ON - MONTH

**1.21**



*Lowest Price*

Osun (755.2)



Beef Bone in

*Highest Price*

Cross River (1363.21)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1380.14**

YEAR - ON - YEAR

**7.69**

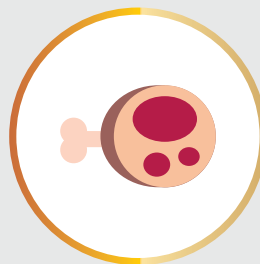
MONTH - ON - MONTH

**2.11**



*Lowest Price*

Adamawa (1178.48)



Beef ,boneless

*Highest Price*

Enugu (1624.47)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Bread



UNIT OF MEASUREMENT

**1 loaf**

OCTOBER 2020

**N322.61**

YEAR - ON - YEAR

**8.79**

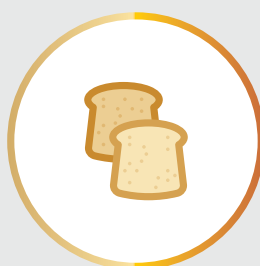
MONTH - ON - MONTH

**1.42**



*Lowest Price*

Bauchi (248.33)



*Highest Price*

Bayelsa (462.5)



Bread sliced 500g



UNIT OF MEASUREMENT

**1 loaf**

OCTOBER 2020

**N298.73**

YEAR - ON - YEAR

**7.20**

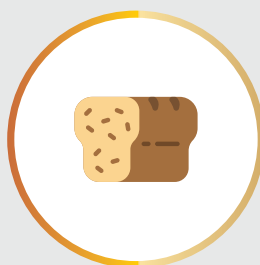
MONTH - ON - MONTH

**2.64**



*Lowest Price*

Yobe (216.93)



*Highest Price*

Bayelsa (457.14)



Bread unsliced 500g

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National - Rice



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N452.21**

YEAR - ON - YEAR

**21.60**

MONTH - ON - MONTH

**2.13**



*Lowest Price*

Kano (301.5)



*Highest Price*

Lagos (710.65)



Broken Rice (Ofada)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N434.41**

YEAR - ON - YEAR

**27.67**

MONTH - ON - MONTH

**2.02**



*Lowest Price*

Kebbi (257.17)



*Highest Price*

Abuja (646.26)



Rice agric sold loose



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Rice



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N400.47**

YEAR - ON - YEAR

**31.87**

MONTH - ON - MONTH

**2.51**



*Lowest Price*

Zamfara (278.83)



*Highest Price*

Abuja (536.03)



Rice local sold loose



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N434.96**

YEAR - ON - YEAR

**28.01**

MONTH - ON - MONTH

**2.82**



*Lowest Price*

Gombe (303.13)



*Highest Price*

Bayelsa (621.53)



Rice Medium Grained

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Rice



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N530.32**



YEAR - ON - YEAR

**38.62**



MONTH - ON - MONTH

**2.75**



*Lowest Price*

Niger (393.58)



*Highest Price*

Abuja (709.68)



Rice, imported high  
quality sold loose

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Chicken



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N720.50**



YEAR - ON - YEAR

**9.23**



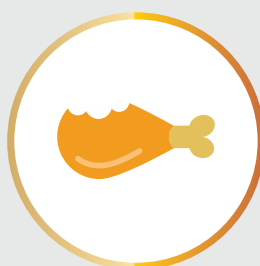
MONTH - ON - MONTH

**0.71**



*Lowest Price*

Taraba (339.74)



Chicken Feet

*Highest Price*

Bayelsa (1259.24)



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N972.26**



YEAR - ON - YEAR

**10.37**



MONTH - ON - MONTH

**1.05**



*Lowest Price*

Adamawa (490.24)



Chicken Wings

*Highest Price*

Edo (1602.37)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Chicken



UNIT OF MEASUREMENT

**1 Unit**



OCTOBER 2020

**N1932.96**



YEAR - ON - YEAR

**-3.06**



MONTH - ON - MONTH

**0.05**



*Lowest Price*

Taraba (1403.55)



Frozen Chicken

*Highest Price*

Plateau (2750.25)





# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Evaporated Tinned Milk



UNIT OF MEASUREMENT

**1 Unit**

OCTOBER 2020

**N164.35**

YEAR - ON - YEAR

**3.03**

MONTH - ON - MONTH

**0.33**



*Lowest Price*

Adamawa (127.14)



*Highest Price*

Imo (201.38)



Evaporated tinned  
milk carnation 170g



UNIT OF MEASUREMENT

**1 Unit**

OCTOBER 2020

**N195.03**

YEAR - ON - YEAR

**4.05**

MONTH - ON - MONTH

**-0.28**



*Lowest Price*

Taraba (170.98)



*Highest Price*

Bayelsa (243.59)



Evaporated tinned  
milk(peak), 170g

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Garri



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N244.96**

YEAR - ON - YEAR

**50.82**

MONTH - ON - MONTH

**3.90**



*Lowest Price*

Ondo (150.1)



*Highest Price*

Rivers (390.6)



Gari white, sold loose



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N275.01**

YEAR - ON - YEAR

**56.63**

MONTH - ON - MONTH

**4.34**



*Lowest Price*

Katsina (183.82)



*Highest Price*

Akwa Ibom (400.17)



Gari yellow, sold loose

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Mudfish



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N1016.97**



YEAR - ON - YEAR

**3.86**



MONTH - ON - MONTH

**1.07**



*Lowest Price*

Adamawa (737.5)



*Highest Price*

Enugu (1702.37)



Mudfish (Aro) Fresh



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N1760.90**



YEAR - ON - YEAR

**1.13**



MONTH - ON - MONTH

**0.51**



*Lowest Price*

Jigawa (1265)



*Highest Price*

Abia (2594.29)



Mudfish : Dried

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1063.50**

YEAR - ON - YEAR

**5.89**

MONTH - ON - MONTH

**0.94**



*Lowest Price*

Taraba (755.88)



*Highest Price*

Anambra (1566.67)



Catfish (Obokun) Fresh



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1728.81**

YEAR - ON - YEAR

**1.84**

MONTH - ON - MONTH

**0.60**



*Lowest Price*

Zamfara (1173.33)



*Highest Price*

Imo (2998.08)



Catfish :Dried



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1535.50**

YEAR - ON - YEAR

**2.72**

MONTH - ON - MONTH

**0.39**



*Lowest Price*

Sokoto (1257.5)



Catfish Smoked

*Highest Price*

Abia (1930.59)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1479.87**

YEAR - ON - YEAR

**5.86**

MONTH - ON - MONTH

**0.16**



*Lowest Price*

Oyo (1026.59)



Dried Fish Sardine

*Highest Price*

Enugu (1923.12)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1028.48**

YEAR - ON - YEAR

**11.18**

MONTH - ON - MONTH

**0.57**



*Lowest Price*

Osun (684.07)



Iced Sardine

*Highest Price*

Anambra (1297.86)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N869.77**

YEAR - ON - YEAR

**6.65**

MONTH - ON - MONTH

**1.31**



*Lowest Price*

Yobe (456.99)



Tilapia Fish (Epiya) Fresh

*Highest Price*

Cross River (1408.77)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Fish



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1051.36**

YEAR - ON - YEAR

**9.89**

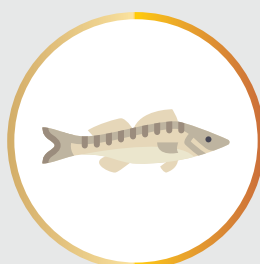
MONTH - ON - MONTH

**1.80**



*Lowest Price*

Osun (742.6)



Titus: Frozen

*Highest Price*

Abuja (1390.91)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N1015.06**

YEAR - ON - YEAR

**8.21**

MONTH - ON - MONTH

**1.04**



*Lowest Price*

Ekiti (804.49)



Mackerel : Frozen

*Highest Price*

Abuja (1385.49)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N242.87**

YEAR - ON - YEAR

**35.11**

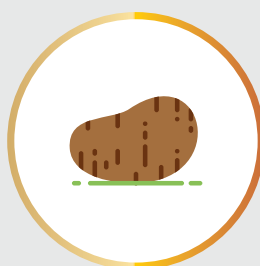
MONTH - ON - MONTH

**-1.12**



*Lowest Price*

Yobe (122.41)



Yam Tuber

*Highest Price*

Bayelsa (474.26)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N318.96**

YEAR - ON - YEAR

**20.69**

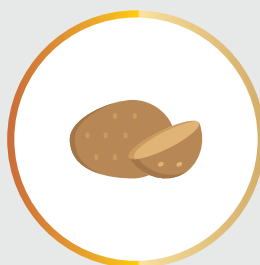
MONTH - ON - MONTH

**3.19**



*Lowest Price*

Kwara (151.36)



Irish Potato

*Highest Price*

Akwa Ibom (639.12)





# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Yam and Potato



UNIT OF MEASUREMENT

**1KG**



OCTOBER 2020

**N163.51**



YEAR - ON - YEAR

**18.09**



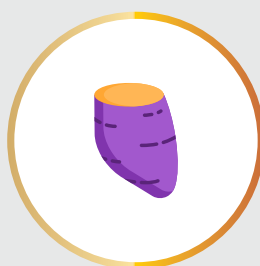
MONTH - ON - MONTH

**-1.09**



*Lowest Price*

Kaduna (81.77)



Sweet Potato

*Highest Price*

Bayelsa (286.53)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Tomato and Onion



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N307.63**

YEAR - ON - YEAR

**31.81**

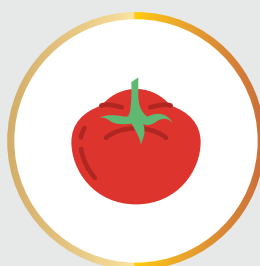
MONTH - ON - MONTH

**7.22**



*Lowest Price*

Niger (117.82)



Tomato

*Highest Price*

Delta (590.78)



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N270.60**

YEAR - ON - YEAR

**33.38**

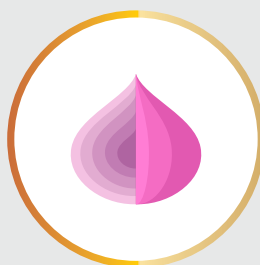
MONTH - ON - MONTH

**10.56**



*Lowest Price*

Borno (127.41)



Onion bulb

*Highest Price*

Akwa Ibom (469.37)



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Maize Grain



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N202.24**

YEAR - ON - YEAR

**42.18**

MONTH - ON - MONTH

**2.67**



*Lowest Price*

Katsina (108.92)



*Highest Price*

Bayelsa (388.02)



Maize grain  
white sold loose



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N204.73**

YEAR - ON - YEAR

**47.57**

MONTH - ON - MONTH

**1.69**



*Lowest Price*

Katsina (117.54)



*Highest Price*

Akwa Ibom (359.63)



Maize grain  
yellow sold loose

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Plantain



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N240.64**

YEAR - ON - YEAR

**15.31**

MONTH - ON - MONTH

**-1.53**



*Lowest Price*

**Kwara (165.16)**



Plantain (ripe)

*Highest Price*

**Bayelsa (365.37)**



UNIT OF MEASUREMENT

**1KG**

OCTOBER 2020

**N225.83**

YEAR - ON - YEAR

**12.86**

MONTH - ON - MONTH

**-4.42**



*Lowest Price*

**Zamfara (175)**



Plantain (unripe)

*Highest Price*

**Rivers (335.24)**



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Oil



UNIT OF MEASUREMENT

**1 Ltr**

OCTOBER 2020

**N646.04**

YEAR - ON - YEAR

**14.83**

MONTH - ON - MONTH

**2.00**



*Lowest Price*

**Kebbi (444.93)**



*Highest Price*

**Delta (1000.2)**



**Groundnut Oil: 1 bottle**



UNIT OF MEASUREMENT

**1 Ltr**

OCTOBER 2020

**N515.26**

YEAR - ON - YEAR

**10.88**

MONTH - ON - MONTH

**1.97**



*Lowest Price*

**Kwara (418.1)**



*Highest Price*

**Abuja (600.48)**



**Palm oil: 1 bottle,  
specify bottle**

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Oil



UNIT OF MEASUREMENT

**1 Ltr**



OCTOBER 2020

**N602.96**



YEAR - ON - YEAR

**20.03**



MONTH - ON - MONTH

**2.32**



*Lowest Price*

Niger (476.67)



*Highest Price*

Rivers (741.18)



Vegetable Oil:1 bottle,  
specify bottle

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## National – Wheat Flour



UNIT OF MEASUREMENT

**2KG**



OCTOBER 2020

**N740.89**



YEAR - ON - YEAR

**9.71**



MONTH - ON - MONTH

**1.46**



*Lowest Price*

Kwara (640.67)



*Highest Price*

Bayelsa (900.27)

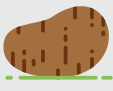



Wheat flour: prepacked  
(golden penny 2kg)

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Abia State



 <p>Tomato</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N520.15</b></p>	 <p>Beans brown, sold loose</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N481.46</b></p>
 <p>Rice Local sold Loose</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N465.03</b></p>	 <p>Bread sliced 500g</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	 <p>OCTOBER 2020</p> <p><b>N437.50</b></p>
 <p>Yam Tuber</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N239.06</b></p>	 <p>Palm oil: 1 bottle</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	 <p>OCTOBER 2020</p> <p><b>N517.65</b></p>
 <p>Beef, boneless</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N1603.64</b></p>	 <p>Onion bulb</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N434.23</b></p>
 <p>Garri white,sold Loose</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N328.57</b></p>	 <p>Wheat flour: prepacked (golden penny 2kg</p>	 <p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	 <p>OCTOBER 2020</p> <p><b>N803.75</b></p>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Abia State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	550.67	9.81	2.93
Agric eggs(medium size price of one)	1 Piece	47.85	19.63	4.65
Beans brown,sold loose	1Kg	481.46	44.4	13.89
Beans:white black eye. sold loose	1Kg	446.7	9.9	11.38
Beef Bone in	1Kg	1083.72	7.24	3.67
Beef,boneless	1Kg	1603.64	12.72	3.13
Bread sliced 500g	1 loaf	437.5	3.49	5.5
Bread unsliced 500g	1 loaf	363.33	3.81	18.64
Broken Rice (Ofada)	1Kg	542.81	29.18	0.6
Chicken Feet	1Kg	1000	53.67	9.37
Chicken Wings	1Kg	1540	43.84	0.65
Evaporated tinned milk carnation 170g	1 unit	160.29	-15.64	1.97
Evaporated tinned milk(peak), 170g	1 unit	220.47	12.48	0.96
Frozen chicken	1 unit	2040	21.02	5.78
Gari white,sold loose	1Kg	328.57	79.69	8.51
Gari yellow,sold loose	1Kg	351.18	161.82	1.84
Mudfish (aro) fresh	1Kg	1274.51	5.26	0.6
Mudfish : dried	1Kg	2594.29	8.69	2.92
Onion bulb	1Kg	434.23	29.59	21.62
Rice agric sold loose	1Kg	500.37	29.81	7.02
Rice local sold loose	1Kg	465.03	55.47	5.83
Rice Medium Grained	1Kg	518.61	44.55	5.79
Rice,imported high quality sold loose	1Kg	680.45	69.99	10.63
Tomato	1Kg	520.15	70.64	21.8
Yam tuber	1Kg	239.06	39.75	0.48
Dried Fish Sardine	1Kg	1710.2	32.92	0.6
Iced Sardine	1Kg	1233.33	54.81	5.17
Irish potato	1Kg	462.69	66.95	8.73
Sweet potato	1Kg	147.31	8.29	1.19
Tilapia fish (epiya) fresh	1Kg	1061.36	22.93	4.97
Titus:frozen	1Kg	1281.76	35.06	3.41
Catfish (obokun) fresh	1Kg	1529.12	20.4	0.6
Catfish :dried	1Kg	2524.44	20.34	5.01
Catfish Smoked	1Kg	1930.59	19.88	7.32
Mackerel : frozen	1Kg	1261.16	41.72	2.86
Groundnut oil: 1 bottle, specify bottle	1Ltr	705.33	4.64	-1.58
Maize grain white sold loose	1Kg	289.96	41.14	13.29
Maize grain yellow sold loose	1Kg	294.18	45.73	10.2
Palm oil: 1 bottle,specify bottle	1Ltr	517.65	19.04	6.57
Plantain(ripe)	1Kg	248.11	32.01	-1.31
Plantain(unripe)	1Kg	209.93	11.03	-9.06
Vegetable oil:1 bottle,specify bottle	1Ltr	688.33	18.8	13.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	803.75	7.17	1.04
<b>AVERAGE</b>			<b>31.48</b>	<b>5.64</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Abuja FCT







  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N310.26</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N536.03</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N224.13</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1600.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N285.71</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N332.67</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N455.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N600.48</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N300.73</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N800.36</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Abuja FCT






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	508	11.51	6.5
Agric eggs(medium size price of one)	1 Piece	43.58	10.49	8.96
Beans brown,sold loose	1Kg	332.67	25.31	9.68
Beans:white black eye. sold loose	1Kg	305.34	0.27	0.94
Beef Bone in	1Kg	1245	11.49	1.63
Beef,boneless	1Kg	1600	22.24	3.23
Bread sliced 500g	1 loaf	455	51.67	4
Bread unsliced 500g	1 loaf	375.27	20.09	25.09
Broken Rice (Ofada)	1Kg	600.8	33.51	1.32
Chicken Feet	1Kg	715.33	8.01	0.8
Chicken Wings	1Kg	1550.42	34.82	3.36
Evaporated tinned milk carnation 170g	1 unit	155.75	-2.66	1.57
Evaporated tinned milk(peak), 170g	1 unit	186.36	1.84	0.2
Frozen chicken	1 unit	2000.33	-2.08	5.28
Gari white,sold loose	1Kg	285.71	65.8	1.46
Gari yellow,sold loose	1Kg	330.1	68.48	0.76
Mudfish (aro) fresh	1Kg	1300.85	-3.64	0.04
Mudfish : dried	1Kg	2164.81	5.08	0.93
Onion bulb	1Kg	300.73	98.01	1.26
Rice agric sold loose	1Kg	646.26	89.36	1.23
Rice local sold loose	1Kg	536.03	75.46	2.25
Rice Medium Grained	1Kg	585.16	52.95	11.71
Rice,imported high quality sold loose	1Kg	709.68	73.05	3.27
Tomato	1Kg	310.26	58.58	50.13
Yam tuber	1Kg	224.13	-9.46	6.93
Dried Fish Sardine	1Kg	1797.1	14.84	4.13
Iced Sardine	1Kg	1244.29	9.79	3.69
Irish potato	1Kg	488.43	58.47	5
Sweet potato	1Kg	206.21	16.32	-10.53
Tilapia fish (epiya) fresh	1Kg	1300.65	18.24	0.05
Titus:frozen	1Kg	1390.91	23.03	5.37
Catfish (obokun) fresh	1Kg	1244.66	-0.78	1.93
Catfish :dried	1Kg	2708.23	24.84	2.53
Catfish Smoked	1Kg	1896.76	2.66	0.8
Mackerel : frozen	1Kg	1385.49	12.34	1.02
Groundnut oil: 1 bottle, specify bottle	1Ltr	805.36	20.8	15.05
Maize grain white sold loose	1Kg	188.6	31.39	-13.59
Maize grain yellow sold loose	1Kg	192.2	42.79	-13.31
Palm oil: 1 bottle,specify bottle	1Ltr	600.48	19.57	7.23
Plantain(ripe)	1Kg	271.8	-4.67	-4.05
Plantain(unripe)	1Kg	246.76	4.11	-3.37
Vegetable oil:1 bottle,specify bottle	1Ltr	701.33	24.58	6.05
Wheat flour: prepacked (golden penny 2kg)	2Kg	800.36	21.18	2.57
<b>AVERAGE</b>			<b>26.5</b>	<b>3.79</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Adamawa State

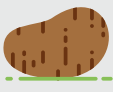





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N147.95</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N343.96</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N159.49</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1178.48</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N214.24</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N378.39</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N262.50</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N500.19</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N159.43</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N720.80</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Adamawa State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	425.48	-7.32	0.2
Agric eggs(medium size price of one)	1 Piece	42.78	6.06	4.29
Beans brown,sold loose	1Kg	378.39	67.41	2.18
Beans:white black eye. sold loose	1Kg	226.27	11.64	3.58
Beef Bone in	1Kg	960.63	-6.06	0.84
Beef,boneless	1Kg	1178.48	-1.44	0.2
Bread sliced 500g	1 loaf	262.5	-6.25	2.65
Bread unsliced 500g	1 loaf	258.33	-6.06	3.21
Broken Rice (Ofada)	1Kg	344.46	5.77	2.66
Chicken Feet	1Kg	400.36	-19.76	-0.38
Chicken Wings	1Kg	490.24	-12.61	1.91
Evaporated tinned milk carnation 170g	1 unit	127.14	-22.95	1.57
Evaporated tinned milk(peak), 170g	1 unit	181.63	-8.62	0.29
Frozen chicken	1 unit	1500.09	-17.58	-2.7
Gari white,sold loose	1Kg	214.24	10.83	1.9
Gari yellow,sold loose	1Kg	227.67	26.08	-0.41
Mudfish (aro) fresh	1Kg	737.5	-11.31	0.95
Mudfish : dried	1Kg	1442.22	-19.81	-2.68
Onion bulb	1Kg	159.43	9.35	31.19
Rice agric sold loose	1Kg	364.29	7.47	10.38
Rice local sold loose	1Kg	343.96	23.48	2.29
Rice Medium Grained	1Kg	320.04	8.26	1.17
Rice,imported high quality sold loose	1Kg	420.53	28.26	0.22
Tomato	1Kg	147.95	-26.27	4.43
Yam tuber	1Kg	159.49	6.53	-4.95
Dried Fish Sardine	1Kg	1606.32	-11.33	-3.97
Iced Sardine	1Kg	987.03	7.53	-0.07
Irish potato	1Kg	205.86	-15.29	-8.04
Sweet potato	1Kg	121.03	9.65	-4.54
Tilapia fish (epiya) fresh	1Kg	500.74	-24.03	-0.94
Titus:frozen	1Kg	901.05	-8.07	1.12
Catfish (obokun) fresh	1Kg	959.09	-19.06	-4.09
Catfish :dried	1Kg	1326.89	-5.72	-0.25
Catfish Smoked	1Kg	1377.04	5.84	-0.23
Mackerel : frozen	1Kg	988.01	4	-0.11
Groundnut oil: 1 bottle, specify bottle	1Ltr	516.67	-5.1	-1.34
Maize grain white sold loose	1Kg	134.5	53.77	-0.78
Maize grain yellow sold loose	1Kg	132.02	42.87	-0.74
Palm oil: 1 bottle,specify bottle	1Ltr	500.19	-3.43	-0.63
Plantain(ripe)	1Kg	203.59	8.03	-4.23
Plantain(unripe)	1Kg	196.67	-7.5	-9.23
Vegetable oil:1 bottle,specify bottle	1Ltr	538.33	7.12	-0.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	720.8	1.81	0.68
<b>AVERAGE</b>			<b>2</b>	<b>0.64</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Akwa Ibom State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N431.32</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N504.44</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N398.40</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N1613.72</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N376.34</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N435.91</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	OCTOBER 2020 <b>N410.85</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	OCTOBER 2020 <b>N516.67</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N469.37</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	OCTOBER 2020 <b>N897.14</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Akwa Ibom State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	500.83	9.07	4.34
Agric eggs(medium size price of one)	1 Piece	45.83	9.26	1.85
Beans brown,sold loose	1Kg	435.91	18.23	5.34
Beans:white black eye. sold loose	1Kg	420.37	17.48	10.95
Beef Bone in	1Kg	1101.73	16.55	-8.13
Beef,boneless	1Kg	1613.72	17.63	5.48
Bread sliced 500g	1 loaf	410.85	17.38	0.62
Bread unsliced 500g	1 loaf	390.5	23.97	0.88
Broken Rice (Ofada)	1Kg	485.37	51.68	5.32
Chicken Feet	1Kg	758.79	19.88	7.09
Chicken Wings	1Kg	1155.56	16.28	0.96
Evaporated tinned milk carnation 170g	1 unit	180.38	20.25	0.21
Evaporated tinned milk(peak), 170g	1 unit	199.85	3.82	0.34
Frozen chicken	1 unit	2233.33	14.53	1.52
Gari white,sold loose	1Kg	376.34	254.52	24
Gari yellow,sold loose	1Kg	400.17	273.63	13.72
Mudfish (aro) fresh	1Kg	1287.28	2.74	3.96
Mudfish : dried	1Kg	1973.23	8.18	3.7
Onion bulb	1Kg	469.37	46.74	20.51
Rice agric sold loose	1Kg	596.67	54.58	5.85
Rice local sold loose	1Kg	504.44	61.08	12.06
Rice Medium Grained	1Kg	584.69	53.64	5.77
Rice,imported high quality sold loose	1Kg	659.63	54.89	9.6
Tomato	1Kg	431.32	11.32	4.72
Yam tuber	1Kg	398.4	44.82	-6.04
Dried Fish Sardine	1Kg	1569.26	15.85	4.59
Iced Sardine	1Kg	1129.17	15.52	0.23
Irish potato	1Kg	639.12	63.42	6.38
Sweet potato	1Kg	285.82	37.34	4.21
Tilapia fish (epiya) fresh	1Kg	1121.25	8.51	0.52
Titus:frozen	1Kg	1172.51	19.25	6.05
Catfish (obokun) fresh	1Kg	1462.28	9.97	-1.34
Catfish :dried	1Kg	1779	9.86	-1.51
Catfish Smoked	1Kg	1500.16	1.77	-5.44
Mackerel : frozen	1Kg	1064.91	24.93	5.98
Groundnut oil: 1 bottle, specify bottle	1Ltr	733.33	29.41	7.75
Maize grain white sold loose	1Kg	331.94	52.53	10.51
Maize grain yellow sold loose	1Kg	359.63	67.12	11.85
Palm oil: 1 bottle,specify bottle	1Ltr	516.67	20.78	3.33
Plantain(ripe)	1Kg	300.68	24.76	-15.29
Plantain(unripe)	1Kg	289.18	15.67	-23.74
Vegetable oil:1 bottle,specify bottle	1Ltr	711.11	26.71	4.07
Wheat flour: prepacked (golden penny 2kg)	2Kg	897.14	17.6	0.38
<b>AVERAGE</b>			<b>36.82</b>	<b>3.56</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Anambra State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N385.60</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N447.88</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N201.70</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N1586.17</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N318.45</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N455.81</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	OCTOBER 2020 <b>N392.31</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	OCTOBER 2020 <b>N593.65</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N322.86</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	OCTOBER 2020 <b>N850.00</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Anambra State





	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	550	9.66	0.87
Agric eggs(medium size price of one)	1 Piece	48.73	13.32	4.79
Beans brown,sold loose	1Kg	455.81	44.64	25.59
Beans:white black eye. sold loose	1Kg	427.21	30.89	19.14
Beef Bone in	1Kg	1105.84	0.21	0.64
Beef,boneless	1Kg	1586.17	12.61	5.19
Bread sliced 500g	1 loaf	392.31	10.15	5.15
Bread unsliced 500g	1 loaf	377.43	16.13	0.27
Broken Rice (Ofada)	1Kg	540.09	34.28	0.9
Chicken Feet	1Kg	1000	33.23	1.45
Chicken Wings	1Kg	1450	31.82	1.37
Evaporated tinned milk carnation 170g	1 unit	174.62	-3.76	0.9
Evaporated tinned milk(peak), 170g	1 unit	202	6.05	1.24
Frozen chicken	1 unit	2136.67	3.13	1.19
Gari white,sold loose	1Kg	318.45	113.25	7
Gari yellow,sold loose	1Kg	381.41	131.32	7.82
Mudfish (aro) fresh	1Kg	1086.1	7.08	0.5
Mudfish : dried	1Kg	2507.46	11.05	4.33
Onion bulb	1Kg	322.86	47.15	14.51
Rice agric sold loose	1Kg	500	53.85	2.19
Rice local sold loose	1Kg	447.88	66.12	-0.58
Rice Medium Grained	1Kg	458.33	30.83	-0.36
Rice,imported high quality sold loose	1Kg	616.36	47.6	1.15
Tomato	1Kg	385.6	25.76	-5.8
Yam tuber	1Kg	201.7	6.49	-19.57
Dried Fish Sardine	1Kg	1901.83	24.94	-0.07
Iced Sardine	1Kg	1297.86	14.75	-0.21
Irish potato	1Kg	485.83	41.79	21.07
Sweet potato	1Kg	192.49	44.77	15.97
Tilapia fish (epiya) fresh	1Kg	907.31	7.67	0.7
Titus:frozen	1Kg	1201.46	23.75	7.26
Catfish (obokun) fresh	1Kg	1566.67	30.56	4.44
Catfish :dried	1Kg	2443	16.99	1.44
Catfish Smoked	1Kg	1650.83	8.61	0.25
Mackerel : frozen	1Kg	1242.13	35.28	2.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	840	32.63	0.8
Maize grain white sold loose	1Kg	278.44	25.99	1.25
Maize grain yellow sold loose	1Kg	272.98	22.35	-2.51
Palm oil: 1 bottle,specify bottle	1Ltr	593.65	29.63	11.98
Plantain(ripe)	1Kg	297.81	25.08	-1.5
Plantain(unripe)	1Kg	226	15.81	-18.01
Vegetable oil:1 bottle,specify bottle	1Ltr	649.28	35.76	8.1
Wheat flour: prepacked (golden penny 2kg)	2Kg	850	16.88	6.22
<b>AVERAGE</b>			<b>28.75</b>	<b>3.26</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Bauchi State





 Tomato

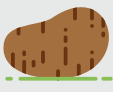
 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N129.00**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N318.05**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N141.62**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N1256.36**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N190.75**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N186.30**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **OCTOBER 2020**  
**N248.33**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **OCTOBER 2020**  
**N460.48**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **OCTOBER 2020**  
**N161.23**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **OCTOBER 2020**  
**N746.67**

# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Bauchi State




	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	429.48	-5.49	-0.2
Agric eggs(medium size price of one)	1 Piece	40.4	3.35	-1.06
Beans brown,sold loose	1Kg	186.3	-26.04	5.67
Beans:white black eye. sold loose	1Kg	216.84	-2.43	2.26
Beef Bone in	1Kg	962.65	-2.1	0.83
Beef,boneless	1Kg	1256.36	3.34	-0.2
Bread sliced 500g	1 loaf	248.33	-8.02	-1.01
Bread unsliced 500g	1 loaf	236.67	-0.87	2.45
Broken Rice (Ofada)	1Kg	387.93	18.27	1.74
Chicken Feet	1Kg	353.28	6.03	-0.56
Chicken Wings	1Kg	581.8	-2.15	-1.08
Evaporated tinned milk carnation 170g	1 unit	140.14	0.1	4.27
Evaporated tinned milk(peak), 170g	1 unit	181.83	5.83	-0.5
Frozen chicken	1 unit	1598.19	-15.88	-1.98
Gari white,sold loose	1Kg	190.75	24.9	1.95
Gari yellow,sold loose	1Kg	199.89	15.55	-9.13
Mudfish (aro) fresh	1Kg	807.02	-4.12	-0.67
Mudfish : dried	1Kg	1303.7	-12.84	-4.9
Onion bulb	1Kg	161.23	39.31	22.96
Rice agric sold loose	1Kg	373.53	25.92	0.22
Rice local sold loose	1Kg	318.05	25.12	-0.49
Rice Medium Grained	1Kg	339.66	19.88	0.23
Rice,imported high quality sold loose	1Kg	418.82	4.3	0.69
Tomato	1Kg	129	-23.54	3.24
Yam tuber	1Kg	141.62	-11.6	-1.24
Dried Fish Sardine	1Kg	1340.26	0.62	-1.12
Iced Sardine	1Kg	889.09	-10.13	0.2
Irish potato	1Kg	222.22	16.72	-4.82
Sweet potato	1Kg	139.92	37.95	-1.73
Tilapia fish (epiya) fresh	1Kg	600.55	20.11	-2.61
Titus:frozen	1Kg	913.1	-6.88	0.33
Catfish (obokun) fresh	1Kg	1093.36	-8.89	-0.84
Catfish :dried	1Kg	1597.78	-11.72	-5.39
Catfish Smoked	1Kg	1400.95	-9.85	-3.02
Mackerel : frozen	1Kg	951.11	-4.89	0.06
Groundnut oil: 1 bottle, specify bottle	1Ltr	489.05	-2.75	-0.31
Maize grain white sold loose	1Kg	140.57	92.24	-1.12
Maize grain yellow sold loose	1Kg	133.45	74.79	-6.23
Palm oil: 1 bottle,specify bottle	1Ltr	460.48	-4.73	0.35
Plantain(ripe)	1Kg	216.3	0.94	-4.19
Plantain(unripe)	1Kg	254.44	12.25	-1.49
Vegetable oil:1 bottle,specify bottle	1Ltr	533.33	8.53	1.91
Wheat flour: prepacked (golden penny 2kg)	2Kg	746.67	8.61	0.13
<b>AVERAGE</b>			<b>6.74</b>	<b>-0.15</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Bayelsa State


Tomato




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N582.07**



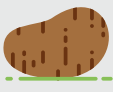
Rice  
Local sold  
Loose




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N522.13**




Yam Tuber




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N474.26**




Beef,  
boneless




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N1566.14**




Garri  
white,sold  
Loose




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N330.87**




Beans  
brown,  
sold loose




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N440.38**




Bread  
sliced  
500g




UNIT OF MEASUREMENT  
**1 loaf**




OCTOBER 2020  
**N462.50**




Palm oil:  
1 bottle




UNIT OF MEASUREMENT  
**1Ltr**




OCTOBER 2020  
**N547.17**




Onion bulb




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N436.49**



Wheat flour:  
prepacked  
(golden penny  
2kg



UNIT OF MEASUREMENT  
**2KG**



OCTOBER 2020  
**N900.27**

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Bayelsa State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	547.5	22.52	1.39
Agric eggs(medium size price of one)	1 Piece	47.5	16.42	4.69
Beans brown,sold loose	1Kg	440.38	21.54	2.76
Beans:white black eye. sold loose	1Kg	401.12	14.03	-1.12
Beef Bone in	1Kg	1240.44	3.76	0.69
Beef,boneless	1Kg	1566.14	11.98	2.1
Bread sliced 500g	1 loaf	462.5	14.43	0.74
Bread unsliced 500g	1 loaf	457.14	10.82	-0.95
Broken Rice (Ofada)	1Kg	560	30.25	9.27
Chicken Feet	1Kg	1259.24	11.02	0.61
Chicken Wings	1Kg	1495.75	24.22	3.21
Evaporated tinned milk carnation 170g	1 unit	168	18.59	3.7
Evaporated tinned milk(peak), 170g	1 unit	243.59	38.21	0.3
Frozen chicken	1 unit	2193.43	1.24	1.01
Gari white,sold loose	1Kg	330.87	27.74	0.69
Gari yellow,sold loose	1Kg	336.22	21.69	3.56
Mudfish (aro) fresh	1Kg	1230.12	9.77	-0.35
Mudfish : dried	1Kg	1899.72	1.14	4.8
Onion bulb	1Kg	436.49	40.05	7.42
Rice agric sold loose	1Kg	609.63	17.77	1.61
Rice local sold loose	1Kg	522.13	19.27	1.97
Rice Medium Grained	1Kg	621.53	24.68	1.23
Rice,imported high quality sold loose	1Kg	695.94	24.45	3.68
Tomato	1Kg	582.07	64.42	18.63
Yam tuber	1Kg	474.26	43.96	-3.72
Dried Fish Sardine	1Kg	1534.46	9.34	1.84
Iced Sardine	1Kg	1244.03	22.82	2.66
Irish potato	1Kg	431.14	14.4	7.45
Sweet potato	1Kg	286.53	40.98	14.1
Tilapia fish (epiya) fresh	1Kg	1305.93	10.36	5.22
Titus:frozen	1Kg	989.91	-3.87	1.01
Catfish (obokun) fresh	1Kg	1293.52	3.37	6.4
Catfish :dried	1Kg	2055.33	7.47	2.4
Catfish Smoked	1Kg	1831.01	11.4	1.99
Mackerel : frozen	1Kg	1023.31	11.45	1.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	512.48	9.82	2.5
Maize grain white sold loose	1Kg	388.02	76.66	13.09
Maize grain yellow sold loose	1Kg	356.98	77.64	5.35
Palm oil: 1 bottle,specify bottle	1Ltr	547.17	2.19	1.75
Plantain(ripe)	1Kg	365.37	68.34	20.59
Plantain(unripe)	1Kg	312.11	51.03	5.7
Vegetable oil:1 bottle,specify bottle	1Ltr	615.38	23.16	1.69
Wheat flour: prepacked (golden penny 2kg)	2Kg	900.27	23.33	3.07
<b>AVERAGE</b>			<b>23.11</b>	<b>3.87</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Benue State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N200.11</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N300.91</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N371.32</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 OCTOBER 2020 <b>N295.56</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N123.43</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 OCTOBER 2020 <b>N465.60</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N1300.16</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N138.68</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N212.98</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 OCTOBER 2020 <b>N758.33</b>
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# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Benue State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	450.51	-4.24	-0.23
Agric eggs(medium size price of one)	1 Piece	44.29	-1.89	-3.13
Beans brown,sold loose	1Kg	300.91	-9.84	-0.17
Beans:white black eye. sold loose	1Kg	290.79	-6.3	-0.41
Beef Bone in	1Kg	1150.17	-3.28	-0.41
Beef,boneless	1Kg	1300.16	-2.11	0
Bread sliced 500g	1 loaf	295.56	-4.66	0.07
Bread unsliced 500g	1 loaf	272.33	-21.91	0.38
Broken Rice (Ofada)	1Kg	336.5	-6.09	0.33
Chicken Feet	1Kg	612.1	-24.65	-4.08
Chicken Wings	1Kg	757.15	-24.29	-1.24
Evaporated tinned milk carnation 170g	1 unit	150	-9.09	-0.77
Evaporated tinned milk(peak), 170g	1 unit	183.67	-1.78	-0.34
Frozen chicken	1 unit	1788.2	-3.34	-0.66
Gari white,sold loose	1Kg	212.98	44.4	3.24
Gari yellow,sold loose	1Kg	236.91	51.65	1.63
Mudfish (aro) fresh	1Kg	920.13	-23.96	-0.23
Mudfish : dried	1Kg	1374.17	-9.33	-3.72
Onion bulb	1Kg	138.68	-33.05	1.41
Rice agric sold loose	1Kg	387.53	22.98	-0.14
Rice local sold loose	1Kg	371.32	18.85	-1.71
Rice Medium Grained	1Kg	374.73	5.06	-1.22
Rice,imported high quality sold loose	1Kg	490.05	21.62	-0.16
Tomato	1Kg	200.11	-20.64	40.41
Yam tuber	1Kg	123.43	-11.16	-26.39
Dried Fish Sardine	1Kg	1412.5	-0.18	-1.45
Iced Sardine	1Kg	962.86	-5.2	0.32
Irish potato	1Kg	183.36	-29.52	-4.74
Sweet potato	1Kg	173.6	1.31	-17.04
Tilapia fish (epiya) fresh	1Kg	900.14	-10.03	-2.15
Titus:frozen	1Kg	996.11	-13.54	-0.4
Catfish (obokun) fresh	1Kg	938.16	-20.25	-2.09
Catfish :dried	1Kg	1346.67	-10.46	-0.58
Catfish Smoked	1Kg	1399.13	-3.19	-0.08
Mackerel : frozen	1Kg	944.44	-20.16	-4.81
Groundnut oil: 1 bottle, specify bottle	1Ltr	557.78	-13.75	-1.57
Maize grain white sold loose	1Kg	169.63	29.36	-14.61
Maize grain yellow sold loose	1Kg	168.08	28.44	-15.46
Palm oil: 1 bottle,specify bottle	1Ltr	465.6	-0.23	-0.7
Plantain(ripe)	1Kg	200.2	-27.84	-3.06
Plantain(unripe)	1Kg	215.92	-15.81	-2.61
Vegetable oil:1 bottle,specify bottle	1Ltr	536.15	11.22	-0.9
Wheat flour: prepacked (golden penny 2kg)	2Kg	758.33	26.25	1.11
<b>AVERAGE</b>			<b>-3.04</b>	<b>-1.59</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Borno State

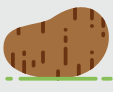





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N134.63</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N313.25</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N123.37</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1204.63</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N188.17</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N209.52</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N265.30</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N507.95</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N127.41</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N663.33</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Borno State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	410	-8.89	-1.99
Agric eggs(medium size price of one)	1 Piece	39.17	-2.12	-2.64
Beans brown,sold loose	1Kg	209.52	-11.16	2.01
Beans:white black eye. sold loose	1Kg	224.18	6.55	3.39
Beef Bone in	1Kg	997.92	-0.21	-0.88
Beef,boneless	1Kg	1204.63	3.4	-0.4
Bread sliced 500g	1 loaf	265.3	-9.8	-1.13
Bread unsliced 500g	1 loaf	249.17	2.33	0.35
Broken Rice (Ofada)	1Kg	398.74	42.05	2
Chicken Feet	1Kg	432.25	-9.45	-5.06
Chicken Wings	1Kg	587.31	2.52	-0.31
Evaporated tinned milk carnation 170g	1 unit	143.15	-16.21	-0.01
Evaporated tinned milk(peak), 170g	1 unit	174.55	-3.92	-1.79
Frozen chicken	1 unit	1782.15	-11.36	-1
Gari white,sold loose	1Kg	188.17	-4.23	-4.98
Gari yellow,sold loose	1Kg	206.85	3.25	-3.16
Mudfish (aro) fresh	1Kg	788.33	-9.05	-0.32
Mudfish : dried	1Kg	1393.02	-14.71	-6.03
Onion bulb	1Kg	127.41	-6.57	4.04
Rice agric sold loose	1Kg	354.46	7.22	-0.25
Rice local sold loose	1Kg	313.25	1.53	-0.12
Rice Medium Grained	1Kg	399.92	23.22	0.45
Rice,imported high quality sold loose	1Kg	396.17	-2.89	0.12
Tomato	1Kg	134.63	-25.2	-2.34
Yam tuber	1Kg	123.37	-5.51	-1.37
Dried Fish Sardine	1Kg	1523.33	0.83	-4.15
Iced Sardine	1Kg	993.33	6.43	-0.68
Irish potato	1Kg	209.04	-4.8	-2.7
Sweet potato	1Kg	128.74	34.01	-4.25
Tilapia fish (epiya) fresh	1Kg	558.08	-14.94	-5.67
Titus:frozen	1Kg	949.16	6.07	-0.44
Catfish (obokun) fresh	1Kg	804.94	-13.13	-0.36
Catfish :dried	1Kg	1570.42	-2.2	-3.58
Catfish Smoked	1Kg	1357.78	0.55	-0.62
Mackerel : frozen	1Kg	935.04	-1.43	0.18
Groundnut oil: 1 bottle, specify bottle	1Ltr	532.31	-3.22	-1
Maize grain white sold loose	1Kg	124.87	51.39	12.15
Maize grain yellow sold loose	1Kg	129.42	45.6	6.47
Palm oil: 1 bottle,specify bottle	1Ltr	507.95	-2.32	-1.69
Plantain(ripe)	1Kg	202.22	-31.54	0.12
Plantain(unripe)	1Kg	208.24	-26.5	-0.69
Vegetable oil:1 bottle,specify bottle	1Ltr	600.5	21.23	-6.77
Wheat flour: prepacked (golden penny 2kg)	2Kg	663.33	-5.74	0.32
<b>AVERAGE</b>			<b>0.26</b>	<b>-0.81</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Cross River State









		
Tomato	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N454.75</b>




		
Rice Local sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N462.72</b>




		
Yam Tuber	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N275.35</b>




		
Beef, boneless	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N1547.88</b>




		
Garri white,sold Loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N265.90</b>

		
Beans brown, sold loose	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N378.17</b>

		
Bread sliced 500g	UNIT OF MEASUREMENT <b>1 loaf</b>	OCTOBER 2020 <b>N364.29</b>

		
Palm oil: 1 bottle	UNIT OF MEASUREMENT <b>1Ltr</b>	OCTOBER 2020 <b>N572.73</b>

		
Onion bulb	UNIT OF MEASUREMENT <b>1KG</b>	OCTOBER 2020 <b>N460.71</b>

		
Wheat flour: prepacked (golden penny 2kg	UNIT OF MEASUREMENT <b>2KG</b>	OCTOBER 2020 <b>N772.73</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Cross River State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	557.62	21.36	8.14
Agric eggs(medium size price of one)	1 Piece	47.91	20.57	7.87
Beans brown,sold loose	1Kg	378.17	6.03	2.33
Beans:white black eye. sold loose	1Kg	316.44	-6.01	7.47
Beef Bone in	1Kg	1363.21	30.39	2.49
Beef,boneless	1Kg	1547.88	15.09	3.18
Bread sliced 500g	1 loaf	364.29	2.46	0.7
Bread unsliced 500g	1 loaf	315	1.61	0.62
Broken Rice (Ofada)	1Kg	431.82	49.6	7.71
Chicken Feet	1Kg	1207	33.02	0.53
Chicken Wings	1Kg	1300	10.8	-0.76
Evaporated tinned milk carnation 170g	1 unit	171.39	24.03	0.4
Evaporated tinned milk(peak), 170g	1 unit	200.39	13.65	0.97
Frozen chicken	1 unit	2114.29	3.12	1.49
Gari white,sold loose	1Kg	265.9	101.73	0.91
Gari yellow,sold loose	1Kg	286.19	84.64	23.85
Mudfish (aro) fresh	1Kg	1297.22	36.02	4.38
Mudfish : dried	1Kg	2152.28	2.69	2.38
Onion bulb	1Kg	460.71	89.62	20.6
Rice agric sold loose	1Kg	575.19	60.28	10.72
Rice local sold loose	1Kg	462.72	70.61	12.92
Rice Medium Grained	1Kg	535.06	52.4	7.99
Rice,imported high quality sold loose	1Kg	581.82	54.57	6.26
Tomato	1Kg	454.75	27.02	2.6
Yam tuber	1Kg	275.35	50.92	-2.77
Dried Fish Sardine	1Kg	1839.36	25.69	-2.05
Iced Sardine	1Kg	1192.24	25.74	9.06
Irish potato	1Kg	431.25	19.71	1.47
Sweet potato	1Kg	151.39	15.86	2.45
Tilapia fish (epiya) fresh	1Kg	1408.77	32.03	5.47
Titus:frozen	1Kg	1258.99	26.15	4.53
Catfish (obokun) fresh	1Kg	1353.36	17.26	2.79
Catfish :dried	1Kg	2720.66	7.84	0.47
Catfish Smoked	1Kg	1787.5	2.98	2.26
Mackerel : frozen	1Kg	1054.74	7.35	3.71
Groundnut oil: 1 bottle, specify bottle	1Ltr	806.06	-3.79	-6.99
Maize grain white sold loose	1Kg	239.44	-8.12	-0.55
Maize grain yellow sold loose	1Kg	250	-8.51	-1.18
Palm oil: 1 bottle,specify bottle	1Ltr	572.73	43.18	14.1
Plantain(ripe)	1Kg	191.12	-21.33	-3.42
Plantain(unripe)	1Kg	195.41	3.69	-5.07
Vegetable oil:1 bottle,specify bottle	1Ltr	665.61	20.06	0.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	772.73	10.39	0.96
<b>AVERAGE</b>			<b>24.94</b>	<b>3.75</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Delta State

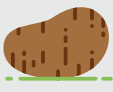





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N590.78</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N465.11</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N277.53</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1601.52</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N351.62</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N368.32</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N348.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N495.83</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N254.99</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N780.28</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Delta State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	545	17.28	1.26
Agric eggs(medium size price of one)	1 Piece	48.02	20.05	2.04
Beans brown,sold loose	1Kg	368.32	-2.88	12.89
Beans:white black eye. sold loose	1Kg	300.88	1.68	6.74
Beef Bone in	1Kg	1184.31	19.69	3.13
Beef,boneless	1Kg	1601.52	7.49	6.3
Bread sliced 500g	1 loaf	348	24.29	4.07
Bread unsliced 500g	1 loaf	358	36.38	9.72
Broken Rice (Ofada)	1Kg	420	24.07	7.69
Chicken Feet	1Kg	1110	21.31	1.57
Chicken Wings	1Kg	1450	32.92	2.2
Evaporated tinned milk carnation 170g	1 unit	160.57	3.6	0.36
Evaporated tinned milk(peak), 170g	1 unit	198.83	7.28	0.15
Frozen chicken	1 unit	2000.31	1.88	0.92
Gari white,sold loose	1Kg	351.62	89.52	11.15
Gari yellow,sold loose	1Kg	382.22	83.14	15.3
Mudfish (aro) fresh	1Kg	1058.07	-0.02	7.61
Mudfish : dried	1Kg	2129.78	8.52	2.15
Onion bulb	1Kg	254.99	-11.01	-12.88
Rice agric sold loose	1Kg	547.86	36.87	-1.29
Rice local sold loose	1Kg	465.11	34.71	5.51
Rice Medium Grained	1Kg	518.89	47.8	1.52
Rice,imported high quality sold loose	1Kg	646.25	41.95	2.68
Tomato	1Kg	590.78	89.45	14.1
Yam tuber	1Kg	277.53	64.49	36.83
Dried Fish Sardine	1Kg	1570.48	6.2	1.89
Iced Sardine	1Kg	1127.46	21.45	-4.34
Irish potato	1Kg	495.45	32.12	9.23
Sweet potato	1Kg	155.11	2.87	50.92
Tilapia fish (epiya) fresh	1Kg	1171.85	2.83	2.51
Titus:frozen	1Kg	1376.04	32.43	2.8
Catfish (obokun) fresh	1Kg	1150.34	-7.76	3.4
Catfish :dried	1Kg	1880.59	2.24	2.01
Catfish Smoked	1Kg	1800.48	7.35	2.44
Mackerel : frozen	1Kg	1280.95	29.24	6.39
Groundnut oil: 1 bottle, specify bottle	1Ltr	1000.2	32.38	1.72
Maize grain white sold loose	1Kg	244.86	-0.36	11.25
Maize grain yellow sold loose	1Kg	284.56	47.84	22.26
Palm oil: 1 bottle,specify bottle	1Ltr	495.83	9.58	-0.83
Plantain(ripe)	1Kg	209.2	-3.64	13.55
Plantain(unripe)	1Kg	182.86	-11.11	2.48
Vegetable oil:1 bottle,specify bottle	1Ltr	657.5	28.5	7.79
Wheat flour: prepacked (golden penny 2kg)	2Kg	780.28	19.31	1.78
<b>AVERAGE</b>			<b>22.14</b>	<b>6.49</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Ebonyi State

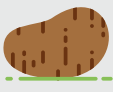





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N495.12</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N413.19</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N227.00</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1608.75</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N360.22</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N568.07</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N336.67</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N542.22</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N332.10</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N833.33</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Ebonyi State



	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	534.17	18.52	0.79
Agric eggs(medium size price of one)	1 Piece	47.33	10.63	1.26
Beans brown,sold loose	1Kg	568.07	5.28	4
Beans:white black eye. sold loose	1Kg	551.23	10.08	9
Beef Bone in	1Kg	1164.88	11.63	4.01
Beef,boneless	1Kg	1608.75	14.2	4.92
Bread sliced 500g	1 loaf	336.67	4.32	1
Bread unsliced 500g	1 loaf	320.75	6.92	0.59
Broken Rice (Ofada)	1Kg	586.79	53.19	3
Chicken Feet	1Kg	741.24	4.44	0.5
Chicken Wings	1Kg	916.57	4.59	0.6
Evaporated tinned milk carnation 170g	1 unit	182.32	7.24	0.7
Evaporated tinned milk(peak), 170g	1 unit	205.33	4.91	1.38
Frozen chicken	1 unit	2200.36	15.5	1.49
Gari white,sold loose	1Kg	360.22	64.45	7.74
Gari yellow,sold loose	1Kg	396.15	59.98	3.17
Mudfish (aro) fresh	1Kg	944.37	6.13	0.9
Mudfish : dried	1Kg	2139.23	5.28	0.9
Onion bulb	1Kg	332.1	94.02	16.88
Rice agric sold loose	1Kg	500	75.27	4.17
Rice local sold loose	1Kg	413.19	44.62	-10.73
Rice Medium Grained	1Kg	416.55	32.85	0.7
Rice,imported high quality sold loose	1Kg	600.33	42.68	15.45
Tomato	1Kg	495.12	76.41	2.28
Yam tuber	1Kg	227	9.28	-22.78
Dried Fish Sardine	1Kg	1576.71	8.67	0.9
Iced Sardine	1Kg	1184.21	35.34	-3.61
Irish potato	1Kg	500.77	61.54	24.32
Sweet potato	1Kg	158.48	-9.15	0.94
Tilapia fish (epiya) fresh	1Kg	1044.81	7.65	0.7
Titus:frozen	1Kg	1305.24	43.87	5.51
Catfish (obokun) fresh	1Kg	1259.54	5.78	0.5
Catfish :dried	1Kg	2573.91	7.18	1.12
Catfish Smoked	1Kg	1811.04	6.47	0.5
Mackerel : frozen	1Kg	1205.85	24.85	4.42
Groundnut oil: 1 bottle, specify bottle	1Ltr	967.14	38.1	7.4
Maize grain white sold loose	1Kg	263.94	13.89	-1.02
Maize grain yellow sold loose	1Kg	262.77	14.96	-3.75
Palm oil: 1 bottle,specify bottle	1Ltr	542.22	33.96	-1.84
Plantain(ripe)	1Kg	221.48	23	-17.57
Plantain(unripe)	1Kg	192.5	18.83	-5.82
Vegetable oil:1 bottle,specify bottle	1Ltr	608.33	33.35	1.28
Wheat flour: prepacked (golden penny 2kg)	2Kg	833.33	28.13	4.17
<b>AVERAGE</b>			<b>25.09</b>	<b>1.63</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Edo State

Tomato

UNIT OF MEASUREMENT  
**1KG**


OCTOBER 2020  
**N541.69**



Rice  
Local sold  
Loose

UNIT OF MEASUREMENT  
**1KG**


OCTOBER 2020  
**N506.47**



Yam Tuber

UNIT OF MEASUREMENT  
**1KG**


OCTOBER 2020  
**N347.80**



Beef,  
boneless

UNIT OF MEASUREMENT  
**1KG**


OCTOBER 2020  
**N1605.78**



Garri  
white,sold  
Loose

UNIT OF MEASUREMENT  
**1KG**


OCTOBER 2020  
**N320.88**



Beans  
brown,  
sold loose

UNIT OF MEASUREMENT  
**1KG**


OCTOBER 2020  
**N324.09**



Bread  
sliced  
500g

UNIT OF MEASUREMENT  
**1 loaf**


OCTOBER 2020  
**N360.71**



Palm oil:  
1 bottle

UNIT OF MEASUREMENT  
**1Ltr**


OCTOBER 2020  
**N581.48**



Onion bulb

UNIT OF MEASUREMENT  
**1KG**

OCTOBER 2020  
**N359.60**



Wheat flour:  
prepacked  
(golden penny  
2kg

UNIT OF MEASUREMENT  
**2KG**

OCTOBER 2020  
**N787.43**



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Edo State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	558.65	11.54	0.93
Agric eggs(medium size price of one)	1 Piece	47.31	-4.65	0.03
Beans brown,sold loose	1Kg	324.09	4.61	7.3
Beans:white black eye. sold loose	1Kg	275.73	-6.33	6.48
Beef Bone in	1Kg	1089.71	17.13	8.36
Beef,boneless	1Kg	1605.78	21.31	0.94
Bread sliced 500g	1 loaf	360.71	18.72	13.56
Bread unsliced 500g	1 loaf	285.71	-0.74	12.96
Broken Rice (Ofada)	1Kg	600.47	42.97	1.09
Chicken Feet	1Kg	857.14	0.84	2.54
Chicken Wings	1Kg	1602.37	18.33	0.94
Evaporated tinned milk carnation 170g	1 unit	155	5.68	0.25
Evaporated tinned milk(peak), 170g	1 unit	201.25	6.79	0.07
Frozen chicken	1 unit	1761.18	1.31	0.13
Gari white,sold loose	1Kg	320.88	94.02	5.27
Gari yellow,sold loose	1Kg	342.86	95.26	2.04
Mudfish (aro) fresh	1Kg	1369.23	15.95	4.59
Mudfish : dried	1Kg	2045.54	25.55	2.24
Onion bulb	1Kg	359.6	40.15	12.18
Rice agric sold loose	1Kg	553.08	39.75	4.68
Rice local sold loose	1Kg	506.47	49.94	0.62
Rice Medium Grained	1Kg	540	35.49	1
Rice,imported high quality sold loose	1Kg	680.27	57.64	0.86
Tomato	1Kg	541.69	39.73	8.78
Yam tuber	1Kg	347.8	15.83	15.03
Dried Fish Sardine	1Kg	1467.82	14.99	3.65
Iced Sardine	1Kg	1185.44	28.11	8.99
Irish potato	1Kg	494.47	26.79	5.16
Sweet potato	1Kg	172.77	-12.16	-0.51
Tilapia fish (epiya) fresh	1Kg	1076.74	-3.92	0.63
Titus:frozen	1Kg	1103.43	10.18	-1.97
Catfish (obokun) fresh	1Kg	1384.01	37.63	4.2
Catfish :dried	1Kg	2305.02	1.81	4.01
Catfish Smoked	1Kg	1735.81	14.32	3.53
Mackerel : frozen	1Kg	1137.35	3.3	3.75
Groundnut oil: 1 bottle, specify bottle	1Ltr	865.47	23.25	1.76
Maize grain white sold loose	1Kg	276.08	39.39	9.57
Maize grain yellow sold loose	1Kg	276.08	36.56	8
Palm oil: 1 bottle,specify bottle	1Ltr	581.48	25.99	4.42
Plantain(ripe)	1Kg	239.19	17.55	0.23
Plantain(unripe)	1Kg	225.42	18.44	-20.37
Vegetable oil:1 bottle,specify bottle	1Ltr	607.84	8.74	2.57
Wheat flour: prepacked (golden penny 2kg)	2Kg	787.43	9.83	0.26
<b>AVERAGE</b>			<b>22.04</b>	<b>3.51</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Ekiti State







  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N300.10</b>




  
 Beans brown, sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N371.19</b>




  
 Rice Local sold Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N506.55</b>




  
 Bread sliced 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N305.88</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N373.99</b>




  
 Palm oil: 1 bottle


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N535.79</b>




  
 Beef, boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1522.22</b>




  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N308.20</b>


  
 Garri white, sold Loose

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N235.97</b>


  
 Wheat flour: prepacked (golden penny) 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N678.57</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Ekiti State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	476.67	6.79	-3.99
Agric eggs(medium size price of one)	1 Piece	42.78	8.8	-4.94
Beans brown,sold loose	1Kg	371.19	6.27	10.22
Beans:white black eye. sold loose	1Kg	326.1	7.24	22.6
Beef Bone in	1Kg	1155.44	7.72	5.29
Beef,boneless	1Kg	1522.22	9.51	0.37
Bread sliced 500g	1 loaf	305.88	22.35	4
Bread unsliced 500g	1 loaf	294.44	19.69	0.8
Broken Rice (Ofada)	1Kg	518.8	28.44	2.52
Chicken Feet	1Kg	700.36	7.75	0
Chicken Wings	1Kg	1201.43	12.28	0.96
Evaporated tinned milk carnation 170g	1 unit	195.31	17.44	-2.11
Evaporated tinned milk(peak), 170g	1 unit	197.22	1.02	-0.97
Frozen chicken	1 unit	1550	-11.43	-0.64
Gari white,sold loose	1Kg	235.97	49.78	4.48
Gari yellow,sold loose	1Kg	276.59	59.4	7.22
Mudfish (aro) fresh	1Kg	931.35	6.84	-7.94
Mudfish : dried	1Kg	2261.35	25.81	2.7
Onion bulb	1Kg	308.2	86.67	24.95
Rice agric sold loose	1Kg	327.3	3.36	-21.6
Rice local sold loose	1Kg	506.55	41.28	9.03
Rice Medium Grained	1Kg	391.82	24.29	26.55
Rice,imported high quality sold loose	1Kg	585.73	77.67	9.08
Tomato	1Kg	300.1	66.76	33.55
Yam tuber	1Kg	373.99	244.86	21.94
Dried Fish Sardine	1Kg	1576.11	1.31	0
Iced Sardine	1Kg	950	15.14	3.64
Irish potato	1Kg	221.81	19.44	0
Sweet potato	1Kg	190.48	94.47	-0.99
Tilapia fish (epiya) fresh	1Kg	845.77	15.15	0
Titus:frozen	1Kg	1108.81	11.96	6.88
Catfish (obokun) fresh	1Kg	929.96	14.08	3.33
Catfish :dried	1Kg	1864.42	4.42	-2.06
Catfish Smoked	1Kg	1810.38	2.85	0
Mackerel : frozen	1Kg	804.49	-0.65	2.92
Groundnut oil: 1 bottle, specify bottle	1Ltr	653.33	29.8	4.26
Maize grain white sold loose	1Kg	288.01	155.06	28.53
Maize grain yellow sold loose	1Kg	221.64	94.43	1.38
Palm oil: 1 bottle,specify bottle	1Ltr	535.79	23.64	-6.61
Plantain(ripe)	1Kg	319.66	73.84	5.67
Plantain(unripe)	1Kg	316.79	83.81	0.62
Vegetable oil:1 bottle,specify bottle	1Ltr	692.59	38.35	-0.58
Wheat flour: prepacked (golden penny 2kg)	2Kg	678.57	6.11	-0.29
<b>AVERAGE</b>			<b>35.2</b>	<b>4.44</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Enugu State

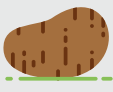





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N410.79</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N490.52</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N224.41</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1624.47</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N340.80</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N471.85</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N309.67</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N535.56</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N350.44</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N800.77</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Enugu State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	556.25	10.11	4.8
Agric eggs(medium size price of one)	1 Piece	48.47	8.88	2.67
Beans brown,sold loose	1Kg	471.85	3.77	2.09
Beans:white black eye. sold loose	1Kg	466.48	6.94	7.08
Beef Bone in	1Kg	1192.18	7.75	2.44
Beef,boneless	1Kg	1624.47	15.48	5.5
Bread sliced 500g	1 loaf	309.67	29.03	5.11
Bread unsliced 500g	1 loaf	268.06	21.42	7.23
Broken Rice (Ofada)	1Kg	588.89	42	3.12
Chicken Feet	1Kg	1033.33	58.77	3.33
Chicken Wings	1Kg	1350	15.38	2.21
Evaporated tinned milk carnation 170g	1 unit	180	5.19	0.78
Evaporated tinned milk(peak), 170g	1 unit	205.54	5.07	1.04
Frozen chicken	1 unit	1906.67	-4.6	1.02
Gari white,sold loose	1Kg	340.8	112	6.16
Gari yellow,sold loose	1Kg	376.23	102.95	2.61
Mudfish (aro) fresh	1Kg	1702.37	8.63	4.92
Mudfish : dried	1Kg	2250.54	6.44	1.53
Onion bulb	1Kg	350.44	48.91	10.91
Rice agric sold loose	1Kg	584	71.76	10.95
Rice local sold loose	1Kg	490.52	74.2	0.6
Rice Medium Grained	1Kg	586.59	92.93	15.63
Rice,imported high quality sold loose	1Kg	701.59	66.77	8.22
Tomato	1Kg	410.79	16.67	2.35
Yam tuber	1Kg	224.41	8.7	-17.47
Dried Fish Sardine	1Kg	1923.12	26.43	0.53
Iced Sardine	1Kg	1154.68	15.74	6.65
Irish potato	1Kg	409.3	16.6	-13.87
Sweet potato	1Kg	170.24	33.55	8.49
Tilapia fish (epiya) fresh	1Kg	975	21.25	8.33
Titus:frozen	1Kg	1257.7	19.69	6.68
Catfish (obokun) fresh	1Kg	1350	12.5	3.62
Catfish :dried	1Kg	1562.48	-29.27	3.88
Catfish Smoked	1Kg	1808.46	9.53	0.47
Mackerel : frozen	1Kg	1165.74	17.81	-1.11
Groundnut oil: 1 bottle, specify bottle	1Ltr	866.67	23.34	8.3
Maize grain white sold loose	1Kg	266.05	24.39	1.33
Maize grain yellow sold loose	1Kg	271.35	25.14	0.72
Palm oil: 1 bottle,specify bottle	1Ltr	535.56	23.12	-2.98
Plantain(ripe)	1Kg	271.99	40.19	-16.62
Plantain(unripe)	1Kg	210.64	4.39	-27.91
Vegetable oil:1 bottle,specify bottle	1Ltr	631	24.19	3.52
Wheat flour: prepacked (golden penny 2kg)	2Kg	800.77	12	2.23
<b>AVERAGE</b>			<b>26.88</b>	<b>2.03</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Gombe State

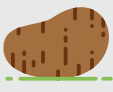





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N226.14</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N340.42</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N149.09</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1292.86</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N206.55</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N273.66</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N252.50</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N455.90</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N180.25</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N755.42</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Gombe State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	416.38	-13.25	0.23
Agric eggs(medium size price of one)	1 Piece	38.82	-2.95	0.83
Beans brown,sold loose	1Kg	273.66	10.28	-0.1
Beans:white black eye. sold loose	1Kg	204.38	-24.56	-2.57
Beef Bone in	1Kg	1146.15	18.06	2.1
Beef,boneless	1Kg	1292.86	7.74	0.05
Bread sliced 500g	1 loaf	252.5	-9.92	2.11
Bread unsliced 500g	1 loaf	256.36	9.09	3.68
Broken Rice (Ofada)	1Kg	387.08	92.23	0.87
Chicken Feet	1Kg	390.58	-3.87	-2.15
Chicken Wings	1Kg	600.57	-8.8	-5.46
Evaporated tinned milk carnation 170g	1 unit	146.17	-13.43	3.48
Evaporated tinned milk(peak), 170g	1 unit	181.19	-4.64	-3.51
Frozen chicken	1 unit	1460.16	-27.06	-0.44
Gari white,sold loose	1Kg	206.55	32.93	1.38
Gari yellow,sold loose	1Kg	203.79	-21.49	0
Mudfish (aro) fresh	1Kg	817.99	-6.16	0.35
Mudfish : dried	1Kg	1293.33	-16.08	0.4
Onion bulb	1Kg	180.25	8.15	13.3
Rice agric sold loose	1Kg	383.26	36.27	12.84
Rice local sold loose	1Kg	340.42	50.05	0.27
Rice Medium Grained	1Kg	303.13	18.87	-0.34
Rice,imported high quality sold loose	1Kg	439.55	27.4	0.37
Tomato	1Kg	226.14	45.38	26.8
Yam tuber	1Kg	149.09	-9.64	-4.93
Dried Fish Sardine	1Kg	1425.66	7.54	-1.7
Iced Sardine	1Kg	1099.78	28.82	-4.37
Irish potato	1Kg	200.67	-24.8	2.13
Sweet potato	1Kg	149.47	66.08	-8.48
Tilapia fish (epiya) fresh	1Kg	700.14	-0.13	-1.54
Titus:frozen	1Kg	915.12	-3.74	-0.17
Catfish (obokun) fresh	1Kg	789.13	-6.02	-0.35
Catfish :dried	1Kg	1311.76	-11.75	-2.84
Catfish Smoked	1Kg	1399.16	-3.61	-0.24
Mackerel : frozen	1Kg	912.5	7.28	0.55
Groundnut oil: 1 bottle, specify bottle	1Ltr	534.67	11.39	-3.57
Maize grain white sold loose	1Kg	147.54	82.67	-3.28
Maize grain yellow sold loose	1Kg	140.32	73.73	-0.66
Palm oil: 1 bottle,specify bottle	1Ltr	455.9	10.3	0.07
Plantain(ripe)	1Kg	198.41	-4.59	-0.84
Plantain(unripe)	1Kg	201.49	34.21	-2.68
Vegetable oil:1 bottle,specify bottle	1Ltr	513.33	7.51	1.18
Wheat flour: prepacked (golden penny 2kg)	2Kg	755.42	26.63	0.17
<b>AVERAGE</b>			<b>11.54</b>	<b>0.53</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Imo State

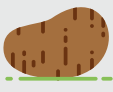





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N436.61</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N530.90</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N204.64</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1559.32</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N302.56</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N426.47</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N341.18</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N526.86</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N352.73</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N825.00</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Imo State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	556.11	14	5.69
Agric eggs(medium size price of one)	1 Piece	49.5	16.25	1.65
Beans brown,sold loose	1Kg	426.47	6.42	6.56
Beans:white black eye. sold loose	1Kg	411.18	6.29	4.21
Beef Bone in	1Kg	1308.42	25.2	0.88
Beef,boneless	1Kg	1559.32	16.9	1.52
Bread sliced 500g	1 loaf	341.18	14.43	5.26
Bread unsliced 500g	1 loaf	312.94	22.64	3.74
Broken Rice (Ofada)	1Kg	537.86	54.06	3
Chicken Feet	1Kg	704.2	13.58	0.6
Chicken Wings	1Kg	1106.6	33.28	0.6
Evaporated tinned milk carnation 170g	1 unit	201.38	5.99	0.09
Evaporated tinned milk(peak), 170g	1 unit	202.44	5.47	0.77
Frozen chicken	1 unit	1985	16.03	0.93
Gari white,sold loose	1Kg	302.56	94.15	10.96
Gari yellow,sold loose	1Kg	379.37	118.59	13.74
Mudfish (aro) fresh	1Kg	1316.49	9.63	7
Mudfish : dried	1Kg	2353.33	11.71	1.83
Onion bulb	1Kg	352.73	124.62	11.21
Rice agric sold loose	1Kg	601.19	50.3	0.82
Rice local sold loose	1Kg	530.9	46.15	0.24
Rice Medium Grained	1Kg	589.78	31.06	0.68
Rice,imported high quality sold loose	1Kg	698.9	52.48	1.11
Tomato	1Kg	436.61	52.87	7.41
Yam tuber	1Kg	204.64	22.86	-1.79
Dried Fish Sardine	1Kg	1576.47	10.76	4.72
Iced Sardine	1Kg	1281.43	34.8	1.8
Irish potato	1Kg	500	46.26	5.26
Sweet potato	1Kg	133.77	6.09	0.35
Tilapia fish (epiya) fresh	1Kg	1050	-2.1	2.07
Titus:frozen	1Kg	1218.68	30.99	1.7
Catfish (obokun) fresh	1Kg	1327.89	8.96	4.15
Catfish :dried	1Kg	2998.08	27.12	3.44
Catfish Smoked	1Kg	1566.91	7.46	0.7
Mackerel : frozen	1Kg	1194.19	37.8	0.59
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.67	25	8.7
Maize grain white sold loose	1Kg	257.58	5.82	-0.29
Maize grain yellow sold loose	1Kg	270.39	11.16	5.41
Palm oil: 1 bottle,specify bottle	1Ltr	526.86	22.35	11.51
Plantain(ripe)	1Kg	261.7	32.09	-12.75
Plantain(unripe)	1Kg	200.2	14.02	-19.5
Vegetable oil: 1 bottle,specify bottle	1Ltr	620.32	27.75	3.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	825	23.99	6.72
<b>AVERAGE</b>			<b>28.73</b>	<b>2.71</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Jigawa State

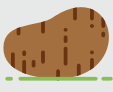





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N366.29</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N341.05</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N253.86</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1184.41</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N219.89</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N261.69</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N270.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N513.33</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N204.15</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N750.00</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Jigawa State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	454.67	1.32	2.75
Agric eggs(medium size price of one)	1 Piece	39	4.87	1.11
Beans brown,sold loose	1Kg	261.69	-16.62	2.93
Beans:white black eye. sold loose	1Kg	191.07	-33.94	0.84
Beef Bone in	1Kg	982.79	5.96	1.01
Beef,boneless	1Kg	1184.41	-3.65	3.07
Bread sliced 500g	1 loaf	270	10.03	3.45
Bread unsliced 500g	1 loaf	230.83	-16.68	-2.37
Broken Rice (Ofada)	1Kg	330.17	0.88	0.61
Chicken Feet	1Kg	578.33	15.67	0.29
Chicken Wings	1Kg	791.11	18.08	-0.24
Evaporated tinned milk carnation 170g	1 unit	170	17.69	4.62
Evaporated tinned milk(peak), 170g	1 unit	195.36	21.09	-0.55
Frozen chicken	1 unit	2270	-7.35	0.22
Gari white,sold loose	1Kg	219.89	31.81	6.36
Gari yellow,sold loose	1Kg	235.3	53.38	4.33
Mudfish (aro) fresh	1Kg	909.09	4.9	-4.31
Mudfish : dried	1Kg	1265	-2.69	-0.78
Onion bulb	1Kg	204.15	46.22	3.33
Rice agric sold loose	1Kg	290.7	13.94	-1.22
Rice local sold loose	1Kg	341.05	19.1	-1.59
Rice Medium Grained	1Kg	347.41	-3.5	3.7
Rice,imported high quality sold loose	1Kg	453.98	39.73	3.18
Tomato	1Kg	366.29	82.24	-1.18
Yam tuber	1Kg	253.86	41.53	-1.52
Dried Fish Sardine	1Kg	1475	-3.8	-1.27
Iced Sardine	1Kg	937.43	4.16	1.13
Irish potato	1Kg	273.52	36.26	-0.27
Sweet potato	1Kg	91.47	-12.87	-0.4
Tilapia fish (epiya) fresh	1Kg	827.09	7.41	1.33
Titus:frozen	1Kg	960	6.6	-0.26
Catfish (obokun) fresh	1Kg	980	6.26	1.03
Catfish :dried	1Kg	1446.67	1.15	0.81
Catfish Smoked	1Kg	1558.57	4.95	3.9
Mackerel : frozen	1Kg	950	2.15	5.56
Groundnut oil: 1 bottle, specify bottle	1Ltr	636.44	38.99	18.54
Maize grain white sold loose	1Kg	143.2	33.77	11.17
Maize grain yellow sold loose	1Kg	142.77	47.45	4.09
Palm oil: 1 bottle,specify bottle	1Ltr	513.33	13.91	-0.22
Plantain(ripe)	1Kg	243.45	21.73	0.6
Plantain(unripe)	1Kg	220	5.93	3.77
Vegetable oil:1 bottle,specify bottle	1Ltr	586.67	24.44	7.22
Wheat flour: prepacked (golden penny 2kg)	2Kg	750	7.09	7.14
<b>AVERAGE</b>			<b>13.71</b>	<b>2.14</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Kaduna State

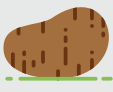





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N187.60</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N381.91</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N241.82</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1370.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N232.31</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N310.08</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N302.31</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N570.89</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N227.48</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N737.50</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Kaduna State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	458.67	-2.41	5.37
Agric eggs(medium size price of one)	1 Piece	43	9.76	5.74
Beans brown,sold loose	1Kg	310.08	22.19	24.5
Beans:white black eye. sold loose	1Kg	283.17	29.63	36.33
Beef Bone in	1Kg	1050	-9.26	2.62
Beef,boneless	1Kg	1370	7.25	3.31
Bread sliced 500g	1 loaf	302.31	9.93	5.65
Bread unsliced 500g	1 loaf	267.86	11.25	2.46
Broken Rice (Ofada)	1Kg	352.21	14.84	4.85
Chicken Feet	1Kg	700	17.02	4.32
Chicken Wings	1Kg	650	-0.48	6.38
Evaporated tinned milk carnation 170g	1 unit	185	11	7.25
Evaporated tinned milk(peak), 170g	1 unit	198.82	6.29	0.99
Frozen chicken	1 unit	2175	3.57	0.38
Gari white,sold loose	1Kg	232.31	54.84	1.99
Gari yellow,sold loose	1Kg	240.39	37.84	1.79
Mudfish (aro) fresh	1Kg	950	7.8	0.78
Mudfish : dried	1Kg	1373.81	-0.27	1.5
Onion bulb	1Kg	227.48	15.13	1.57
Rice agric sold loose	1Kg	365.4	17.87	1.41
Rice local sold loose	1Kg	381.91	45.57	5
Rice Medium Grained	1Kg	379.36	22.95	2.12
Rice,imported high quality sold loose	1Kg	519.42	43.14	2.35
Tomato	1Kg	187.6	-13.37	0.8
Yam tuber	1Kg	241.82	35.53	-12.01
Dried Fish Sardine	1Kg	1480	5.7	0.23
Iced Sardine	1Kg	1090	18.91	0.07
Irish potato	1Kg	287.74	43.13	1.39
Sweet potato	1Kg	81.77	-20.8	6.93
Tilapia fish (epiya) fresh	1Kg	670	-4.29	9.2
Titus:frozen	1Kg	1040	14.29	-0.5
Catfish (obokun) fresh	1Kg	850	4.81	-3.41
Catfish :dried	1Kg	1440	3.58	-0.21
Catfish Smoked	1Kg	1335	1.1	0.38
Mackerel : frozen	1Kg	985.33	10.71	1.33
Groundnut oil: 1 bottle, specify bottle	1Ltr	677.14	29.39	5.67
Maize grain white sold loose	1Kg	141.21	60.21	16.25
Maize grain yellow sold loose	1Kg	149.83	67.9	19.1
Palm oil: 1 bottle,specify bottle	1Ltr	570.89	17.69	3.1
Plantain(ripe)	1Kg	256.3	32.99	-2.28
Plantain(unripe)	1Kg	220	15.44	-7.95
Vegetable oil:1 bottle,specify bottle	1Ltr	632.5	29.55	8.68
Wheat flour: prepacked (golden penny 2kg)	2Kg	737.5	6.88	1.03
<b>AVERAGE</b>			<b>17.09</b>	<b>4.1</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Kano State

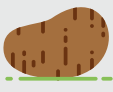





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N260.90</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N313.46</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N220.30</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1190.86</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N169.72</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N231.55</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N269.17</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N503.11</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N164.45</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N700.00</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Kano State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	448.67	3.6	1.97
Agric eggs(medium size price of one)	1 Piece	38.67	0.13	0.17
Beans brown,sold loose	1Kg	231.55	-3.09	0.26
Beans:white black eye. sold loose	1Kg	201.56	10.33	4.57
Beef Bone in	1Kg	855.33	-11.07	1.87
Beef,boneless	1Kg	1190.86	-9.82	0.85
Bread sliced 500g	1 loaf	269.17	10.43	1.57
Bread unsliced 500g	1 loaf	267.14	10.89	1.91
Broken Rice (Ofada)	1Kg	301.5	-20.56	7.59
Chicken Feet	1Kg	655	2.34	0.77
Chicken Wings	1Kg	900.5	12.84	0.61
Evaporated tinned milk carnation 170g	1 unit	165	8.3	-1.98
Evaporated tinned milk(peak), 170g	1 unit	182.67	-0.22	3.4
Frozen chicken	1 unit	1475	-1.95	4.61
Gari white,sold loose	1Kg	169.72	30.07	0.33
Gari yellow,sold loose	1Kg	204.61	48.77	3.97
Mudfish (aro) fresh	1Kg	995.88	8.64	1.9
Mudfish : dried	1Kg	1447.14	-6.36	0.19
Onion bulb	1Kg	164.45	6.28	-2.14
Rice agric sold loose	1Kg	346.56	15.12	1.33
Rice local sold loose	1Kg	313.46	4.2	3.13
Rice Medium Grained	1Kg	367.59	23.58	1.27
Rice,imported high quality sold loose	1Kg	507.85	38.81	1.04
Tomato	1Kg	260.9	27.24	3.31
Yam tuber	1Kg	220.3	42.69	-2.12
Dried Fish Sardine	1Kg	1513.51	8.5	-0.49
Iced Sardine	1Kg	922.96	6.76	0.69
Irish potato	1Kg	192.33	-5.73	-8.53
Sweet potato	1Kg	95.3	-5.19	-21.82
Tilapia fish (epiya) fresh	1Kg	753.6	13.35	-0.07
Titus:frozen	1Kg	941.17	15.84	3.43
Catfish (obokun) fresh	1Kg	910	13.62	-0.12
Catfish :dried	1Kg	1238.14	-6.09	0.42
Catfish Smoked	1Kg	1420	4.45	-2.07
Mackerel : frozen	1Kg	998.92	-0.55	0.4
Groundnut oil: 1 bottle, specify bottle	1Ltr	604.89	8.23	1.92
Maize grain white sold loose	1Kg	123.96	46.03	6.66
Maize grain yellow sold loose	1Kg	120.28	44.16	5.12
Palm oil: 1 bottle,specify bottle	1Ltr	503.11	11.23	1.42
Plantain(ripe)	1Kg	218	9	0.63
Plantain(unripe)	1Kg	176.24	-12.01	-8.47
Vegetable oil:1 bottle,specify bottle	1Ltr	574.44	26.45	1.97
Wheat flour: prepacked (golden penny 2kg)	2Kg	700	2.06	0
<b>AVERAGE</b>			<b>10.03</b>	<b>0.5</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Katsina State

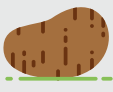





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N253.31</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N296.76</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N280.26</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1245.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N161.49</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N255.58</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N274.55</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N555.90</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N203.10</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N673.33</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Katsina State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	475.38	6.35	1.69
Agric eggs(medium size price of one)	1 Piece	43.77	12.14	9.42
Beans brown,sold loose	1Kg	255.58	3.86	2.08
Beans:white black eye. sold loose	1Kg	308.33	13.75	-0.01
Beef Bone in	1Kg	1089.73	4.77	5.02
Beef,boneless	1Kg	1245	0.7	0.4
Bread sliced 500g	1 loaf	274.55	15.84	-1.24
Bread unsliced 500g	1 loaf	240.77	11.39	0.04
Broken Rice (Ofada)	1Kg	316.25	-1.88	2.02
Chicken Feet	1Kg	480	18.52	1.36
Chicken Wings	1Kg	766.67	9.52	0.15
Evaporated tinned milk carnation 170g	1 unit	164.29	8.06	0.96
Evaporated tinned milk(peak), 170g	1 unit	185.38	13.95	1.12
Frozen chicken	1 unit	2250	-2.17	-0.88
Gari white,sold loose	1Kg	161.49	-4.1	-1.95
Gari yellow,sold loose	1Kg	183.82	13.08	2.51
Mudfish (aro) fresh	1Kg	975	8.07	-0.28
Mudfish : dried	1Kg	1368.65	4.11	-1.25
Onion bulb	1Kg	203.1	-21.35	0.97
Rice agric sold loose	1Kg	354.02	35.91	-0.31
Rice local sold loose	1Kg	296.76	4.33	1.83
Rice Medium Grained	1Kg	303.33	13.53	-1.51
Rice,imported high quality sold loose	1Kg	413.07	12.16	1.99
Tomato	1Kg	253.31	61.33	-0.84
Yam tuber	1Kg	280.26	109.2	-0.03
Dried Fish Sardine	1Kg	1033.33	3.33	3.33
Iced Sardine	1Kg	985.33	9.2	1.16
Irish potato	1Kg	262.81	32.96	2.11
Sweet potato	1Kg	182.76	26.08	34.63
Tilapia fish (epiya) fresh	1Kg	960	48.65	0
Titus:frozen	1Kg	985	14.81	1.03
Catfish (obokun) fresh	1Kg	979.55	19.94	3.11
Catfish :dried	1Kg	1369.44	5.88	1.64
Catfish Smoked	1Kg	1420	-3.18	-0.35
Mackerel : frozen	1Kg	957.94	9.93	1.43
Groundnut oil: 1 bottle, specify bottle	1Ltr	660.51	33.76	1.62
Maize grain white sold loose	1Kg	108.92	8.93	6.37
Maize grain yellow sold loose	1Kg	117.54	31.47	15.82
Palm oil: 1 bottle,specify bottle	1Ltr	555.9	26.34	6.45
Plantain(ripe)	1Kg	213.33	55.15	-1.33
Plantain(unripe)	1Kg	195	36.5	0.54
Vegetable oil:1 bottle,specify bottle	1Ltr	563.79	21.56	2.51
Wheat flour: prepacked (golden penny 2kg)	2Kg	673.33	5.21	0.48
<b>AVERAGE</b>			<b>17.15</b>	<b>2.41</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Kebbi State









 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N354.84</b>
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 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N283.56</b>
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 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N303.46</b>
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 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 OCTOBER 2020 <b>N280.00</b>
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 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N238.55</b>
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 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 OCTOBER 2020 <b>N520.53</b>
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 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N1250.00</b>
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 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N248.45</b>
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 Garri white, sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N219.89</b>
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 Wheat flour: prepacked (golden penny) 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 OCTOBER 2020 <b>N710.00</b>
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# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Kebbi State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	472.33	9.75	0.84
Agric eggs(medium size price of one)	1 Piece	42.81	7.04	0.55
Beans brown,sold loose	1Kg	283.56	-8.63	-1.4
Beans:white black eye. sold loose	1Kg	229.85	-11.4	4.66
Beef Bone in	1Kg	1076.98	1.36	4.23
Beef,boneless	1Kg	1250	6.45	1
Bread sliced 500g	1 loaf	280	12	-1.01
Bread unsliced 500g	1 loaf	240.83	1.19	4.97
Broken Rice (Ofada)	1Kg	335.55	-11.03	-0.63
Chicken Feet	1Kg	500	24.97	0
Chicken Wings	1Kg	550	5.03	0
Evaporated tinned milk carnation 170g	1 unit	176.67	10.42	-4.5
Evaporated tinned milk(peak), 170g	1 unit	211.67	20.38	-2.91
Frozen chicken	1 unit	2160	-1.82	-0.31
Gari white,sold loose	1Kg	219.89	7.83	4.42
Gari yellow,sold loose	1Kg	234.83	12.25	-0.05
Mudfish (aro) fresh	1Kg	989.46	10.64	1.88
Mudfish : dried	1Kg	1457.46	1.82	0.37
Onion bulb	1Kg	248.45	21.47	-1.43
Rice agric sold loose	1Kg	257.17	-9.23	-1.49
Rice local sold loose	1Kg	303.46	-4.51	1.87
Rice Medium Grained	1Kg	379.57	14.35	2.44
Rice,imported high quality sold loose	1Kg	405.93	19.14	0.41
Tomato	1Kg	354.84	72.2	4.04
Yam tuber	1Kg	238.55	16.31	-2.2
Dried Fish Sardine	1Kg	1350	0	1.89
Iced Sardine	1Kg	1010	5.2	1
Irish potato	1Kg	233.29	19.3	-4.13
Sweet potato	1Kg	234.67	55.48	3.62
Tilapia fish (epiya) fresh	1Kg	696.76	49.05	0.28
Titus:frozen	1Kg	925	7.4	-1.91
Catfish (obokun) fresh	1Kg	975	8.33	-0.51
Catfish :dried	1Kg	1351.35	-2.61	-0.61
Catfish Smoked	1Kg	1355	0.37	0.37
Mackerel : frozen	1Kg	875	-2.25	-0.57
Groundnut oil: 1 bottle, specify bottle	1Ltr	444.93	3.53	1.41
Maize grain white sold loose	1Kg	129.03	16.93	9.18
Maize grain yellow sold loose	1Kg	126.04	14.26	3.47
Palm oil: 1 bottle,specify bottle	1Ltr	520.53	11.01	7.24
Plantain(ripe)	1Kg	248	43.58	1.04
Plantain(unripe)	1Kg	219.05	21.56	-4.76
Vegetable oil:1 bottle,specify bottle	1Ltr	493.08	3.81	-0.94
Wheat flour: prepacked (golden penny 2kg)	2Kg	710	5.19	-1.39
<b>AVERAGE</b>			<b>11.35</b>	<b>0.71</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Kogi State









 <p>Tomato</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N250.13</b></p>




 <p>Beans brown, sold loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N311.95</b></p>




 <p>Rice Local sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N317.48</b></p>




 <p>Bread sliced 500g</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1 loaf</b></p>	<p>OCTOBER 2020</p> <p><b>N301.54</b></p>




 <p>Yam Tuber</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N170.40</b></p>

 <p>Palm oil: 1 bottle</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1Ltr</b></p>	<p>OCTOBER 2020</p> <p><b>N504.51</b></p>

 <p>Beef, boneless</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N1292.42</b></p>

 <p>Onion bulb</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N241.82</b></p>

 <p>Garri white, sold Loose</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>1KG</b></p>	<p>OCTOBER 2020</p> <p><b>N224.70</b></p>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	<p>UNIT OF MEASUREMENT</p> <p><b>2KG</b></p>	<p>OCTOBER 2020</p> <p><b>N668.75</b></p>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Kogi State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	471.56	0.49	-1.11
Agric eggs(medium size price of one)	1 Piece	44.19	-3.94	-0.11
Beans brown,sold loose	1Kg	311.95	-5.49	-0.73
Beans:white black eye. sold loose	1Kg	319.58	6.02	-0.37
Beef Bone in	1Kg	1180.95	7.36	2.41
Beef,boneless	1Kg	1292.42	2.62	2.59
Bread sliced 500g	1 loaf	301.54	-6.67	-6.33
Bread unsliced 500g	1 loaf	300.32	-1.39	-1.46
Broken Rice (Ofada)	1Kg	406.9	14.29	1.14
Chicken Feet	1Kg	700.1	-7.02	-1.69
Chicken Wings	1Kg	720.15	-14.81	-0.69
Evaporated tinned milk carnation 170g	1 unit	160.2	0.75	-4.36
Evaporated tinned milk(peak), 170g	1 unit	185.33	1.23	-2.99
Frozen chicken	1 unit	2400.26	-4.94	-3.41
Gari white,sold loose	1Kg	224.7	20.54	-0.27
Gari yellow,sold loose	1Kg	235.57	12.76	-1.64
Mudfish (aro) fresh	1Kg	821.14	-1.95	-0.86
Mudfish : dried	1Kg	1422.22	-2.04	-1.73
Onion bulb	1Kg	241.82	6.74	11.92
Rice agric sold loose	1Kg	370.45	17.6	0.25
Rice local sold loose	1Kg	317.48	0.56	1.22
Rice Medium Grained	1Kg	310.55	10.48	3.08
Rice,imported high quality sold loose	1Kg	514.62	28.2	1.2
Tomato	1Kg	250.13	24.27	20.47
Yam tuber	1Kg	170.4	26.1	-6.45
Dried Fish Sardine	1Kg	1353.42	0.25	-1.08
Iced Sardine	1Kg	950.14	5.57	-0.1
Irish potato	1Kg	240	9.71	16.13
Sweet potato	1Kg	194.95	52.66	-2.53
Tilapia fish (epiya) fresh	1Kg	702.12	-5.12	-1.41
Titus:frozen	1Kg	996.74	6.25	-4.55
Catfish (obokun) fresh	1Kg	833.15	-4.48	-1.47
Catfish :dried	1Kg	1455.26	0.45	-2.33
Catfish Smoked	1Kg	1329.19	-2.58	-0.08
Mackerel : frozen	1Kg	997.78	3.75	-0.29
Groundnut oil: 1 bottle, specify bottle	1Ltr	496.67	5.67	-0.61
Maize grain white sold loose	1Kg	225.68	69.11	-1.6
Maize grain yellow sold loose	1Kg	230.36	82.79	-3.03
Palm oil: 1 bottle,specify bottle	1Ltr	504.51	-16.23	0.77
Plantain(ripe)	1Kg	193.37	23.69	-5.62
Plantain(unripe)	1Kg	212.22	21.96	-1.02
Vegetable oil:1 bottle,specify bottle	1Ltr	584.17	15.95	-0.43
Wheat flour: prepacked (golden penny 2kg)	2Kg	668.75	-2.19	1.58
<b>AVERAGE</b>			<b>9.28</b>	<b>0.06</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Kwara State

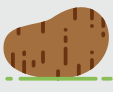





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N189.30</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N399.36</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N160.89</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1232.38</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N180.73</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N275.70</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N291.30</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N418.10</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N308.07</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N640.67</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Kwara State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	464.62	-1.77	2.03
Agric eggs(medium size price of one)	1 Piece	41.43	6.53	3.37
Beans brown,sold loose	1Kg	275.7	11.36	2.1
Beans:white black eye. sold loose	1Kg	246.99	-15.93	0.19
Beef Bone in	1Kg	1150.17	14.66	-0.15
Beef,boneless	1Kg	1232.38	-1.47	-2.58
Bread sliced 500g	1 loaf	291.3	0.45	-0.41
Bread unsliced 500g	1 loaf	290.3	-1.74	0.35
Broken Rice (Ofada)	1Kg	372.05	-14.25	0.26
Chicken Feet	1Kg	570.12	-28.74	-3
Chicken Wings	1Kg	777.29	-5.5	-0.49
Evaporated tinned milk carnation 170g	1 unit	150.17	-8.06	-0.8
Evaporated tinned milk(peak), 170g	1 unit	189.29	-3.12	-2.35
Frozen chicken	1 unit	1459.14	-8.8	-3.31
Gari white,sold loose	1Kg	180.73	42.67	-3.31
Gari yellow,sold loose	1Kg	195.94	35.84	-2.99
Mudfish (aro) fresh	1Kg	820.14	-3.51	-0.78
Mudfish : dried	1Kg	1571.41	-11.83	-2.46
Onion bulb	1Kg	308.07	51.66	39.55
Rice agric sold loose	1Kg	409.78	31.66	1.23
Rice local sold loose	1Kg	399.36	41.75	1.95
Rice Medium Grained	1Kg	383.02	36.59	0.5
Rice,imported high quality sold loose	1Kg	439.59	39.15	1.64
Tomato	1Kg	189.3	59.16	-5.41
Yam tuber	1Kg	160.89	57.94	-1.36
Dried Fish Sardine	1Kg	1344.3	-3.18	0.22
Iced Sardine	1Kg	1000.11	5.27	-2.72
Irish potato	1Kg	151.36	-39.86	0.57
Sweet potato	1Kg	198.3	19.56	-3.08
Tilapia fish (epiya) fresh	1Kg	755.12	-11.16	-4.31
Titus:frozen	1Kg	999.68	2.87	-0.04
Catfish (obokun) fresh	1Kg	878.16	5.8	-1.01
Catfish :dried	1Kg	1430.88	7.22	0.09
Catfish Smoked	1Kg	1371.15	-1.63	0.07
Mackerel : frozen	1Kg	950.1	15.16	-0.1
Groundnut oil: 1 bottle, specify bottle	1Ltr	558.33	3.08	-0.42
Maize grain white sold loose	1Kg	157.87	53.39	-4.7
Maize grain yellow sold loose	1Kg	176.38	70.37	-0.56
Palm oil: 1 bottle,specify bottle	1Ltr	418.1	5.7	0.23
Plantain(ripe)	1Kg	165.16	-18.14	-0.7
Plantain(unripe)	1Kg	188.82	-10.48	-1.41
Vegetable oil:1 bottle,specify bottle	1Ltr	506.67	23.21	-0.5
Wheat flour: prepacked (golden penny 2kg)	2Kg	640.67	-0.52	0.64
<b>AVERAGE</b>			<b>10.5</b>	<b>0.14</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Lagos State

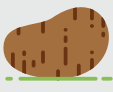





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N297.01</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N448.53</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N275.17</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1369.25</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N170.18</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N296.82</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N330.63</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N532.55</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N298.62</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N692.41</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Lagos State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	563.75	21.05	1.21
Agric eggs(medium size price of one)	1 Piece	47.56	23.54	6.88
Beans brown,sold loose	1Kg	296.82	10.7	-0.04
Beans:white black eye. sold loose	1Kg	330.17	11.49	1.02
Beef Bone in	1Kg	1213.5	8.3	-3.3
Beef,boneless	1Kg	1369.25	7.26	2.52
Bread sliced 500g	1 loaf	330.63	12.86	2.26
Bread unsliced 500g	1 loaf	278.82	15.11	-0.25
Broken Rice (Ofada)	1Kg	710.65	40.83	2.99
Chicken Feet	1Kg	833.33	15.71	0.81
Chicken Wings	1Kg	1189.41	23.35	1.45
Evaporated tinned milk carnation 170g	1 unit	182.86	21.9	-2.04
Evaporated tinned milk(peak), 170g	1 unit	210.67	9.19	0.56
Frozen chicken	1 unit	1687.14	0.94	0.49
Gari white,sold loose	1Kg	170.18	28.84	-0.42
Gari yellow,sold loose	1Kg	202.23	26.3	-2.75
Mudfish (aro) fresh	1Kg	1148.04	20	1.43
Mudfish : dried	1Kg	1859.52	7.78	1.82
Onion bulb	1Kg	298.62	47.78	3.19
Rice agric sold loose	1Kg	436.96	37.78	2.62
Rice local sold loose	1Kg	448.53	19.61	1.75
Rice Medium Grained	1Kg	378.38	16.42	5.36
Rice,imported high quality sold loose	1Kg	536.83	43.39	1.47
Tomato	1Kg	297.01	42.17	0.96
Yam tuber	1Kg	275.17	33.07	-0.83
Dried Fish Sardine	1Kg	1202.22	-7.03	-2.85
Iced Sardine	1Kg	932.69	3.22	-1.35
Irish potato	1Kg	473.23	35.53	3.42
Sweet potato	1Kg	238.16	71	4.11
Tilapia fish (epiya) fresh	1Kg	996.67	28.14	3.43
Titus:frozen	1Kg	1072.22	10.72	6.27
Catfish (obokun) fresh	1Kg	1358.5	5.93	-0.47
Catfish :dried	1Kg	1786.67	12.63	1.49
Catfish Smoked	1Kg	1562.65	0.51	-0.86
Mackerel : frozen	1Kg	1014.71	9.7	-6.87
Groundnut oil: 1 bottle, specify bottle	1Ltr	588.89	14.72	1.92
Maize grain white sold loose	1Kg	261.7	25.27	10.92
Maize grain yellow sold loose	1Kg	268.52	31.59	-6.34
Palm oil: 1 bottle,specify bottle	1Ltr	532.55	14.12	3.07
Plantain(ripe)	1Kg	343.29	37.86	-6.67
Plantain(unripe)	1Kg	293.94	25.41	-3.75
Vegetable oil:1 bottle,specify bottle	1Ltr	630.7	18.97	0.53
Wheat flour: prepacked (golden penny 2kg)	2Kg	692.41	12.59	-0.88
<b>AVERAGE</b>			<b>20.84</b>	<b>0.8</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Nasarawa State

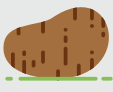





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N166.61</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N339.41</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N145.56</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1293.33</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N231.55</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N254.60</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N316.36</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N465.90</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N208.40</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N665.93</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Nasarawa State





	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	475.33	-0.82	1.29
Agric eggs(medium size price of one)	1 Piece	44	10	2.5
Beans brown,sold loose	1Kg	254.6	-16.74	2.4
Beans:white black eye. sold loose	1Kg	278.38	-1.8	1.49
Beef Bone in	1Kg	1018.18	-1.79	-7.22
Beef,boneless	1Kg	1293.33	2.65	0.5
Bread sliced 500g	1 loaf	316.36	21.68	-0.1
Bread unsliced 500g	1 loaf	300.86	11.37	0.01
Broken Rice (Ofada)	1Kg	333.35	10.52	0.48
Chicken Feet	1Kg	465.15	-22.04	-6.35
Chicken Wings	1Kg	666.13	-12.92	-0.6
Evaporated tinned milk carnation 170g	1 unit	147.2	-7.57	-0.68
Evaporated tinned milk(peak), 170g	1 unit	183.33	-6.46	-2.78
Frozen chicken	1 unit	1659.48	-16.19	-2.39
Gari white,sold loose	1Kg	231.55	58.24	-4.04
Gari yellow,sold loose	1Kg	244.25	71.42	-4.79
Mudfish (aro) fresh	1Kg	847.12	-13.12	-0.35
Mudfish : dried	1Kg	1378.77	-4.52	2.3
Onion bulb	1Kg	208.4	-0.59	24.21
Rice agric sold loose	1Kg	349.77	13.56	0.99
Rice local sold loose	1Kg	339.41	36.95	2.02
Rice Medium Grained	1Kg	355.71	-2.66	2.91
Rice,imported high quality sold loose	1Kg	488.18	33.14	1.65
Tomato	1Kg	166.61	22.97	-7.87
Yam tuber	1Kg	145.56	-7.22	-4.88
Dried Fish Sardine	1Kg	1360.6	-3.24	-0.41
Iced Sardine	1Kg	959.82	-1.22	-0.86
Irish potato	1Kg	217.58	5.77	-2.09
Sweet potato	1Kg	158.48	18.17	-2.98
Tilapia fish (epiya) fresh	1Kg	766.67	-4.18	-3.52
Titus:frozen	1Kg	981.11	3.66	1
Catfish (obokun) fresh	1Kg	839.15	4.89	-1.1
Catfish :dried	1Kg	1377.61	-5.17	-2.2
Catfish Smoked	1Kg	1346.32	3.96	0.53
Mackerel : frozen	1Kg	974.94	6.84	0.67
Groundnut oil: 1 bottle, specify bottle	1Ltr	557.14	-5.65	-1.76
Maize grain white sold loose	1Kg	142.98	43.89	-9.09
Maize grain yellow sold loose	1Kg	157.86	88.6	-0.36
Palm oil: 1 bottle,specify bottle	1Ltr	465.9	-15.66	-0.57
Plantain(ripe)	1Kg	204.76	-19.73	-0.86
Plantain(unripe)	1Kg	219.09	0.34	-5.91
Vegetable oil:1 bottle,specify bottle	1Ltr	585.56	1.35	-1.57
Wheat flour: prepacked (golden penny 2kg)	2Kg	665.93	-7.63	0.5
<b>AVERAGE</b>			<b>6.82</b>	<b>-0.7</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Niger State





 Tomato

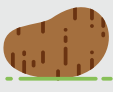
 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N117.82**


 Rice  
Local sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N345.44**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N148.88**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N1288.16**


 Garri  
white,sold  
Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N215.26**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N228.95**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **OCTOBER 2020**  
**N295.34**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **OCTOBER 2020**  
**N492.22**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **OCTOBER 2020**  
**N211.27**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **OCTOBER 2020**  
**N684.60**

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Niger State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	455.38	1.57	-0.85
Agric eggs(medium size price of one)	1 Piece	40.17	6.23	-1.86
Beans brown,sold loose	1Kg	228.95	-23.25	0.14
Beans:white black eye. sold loose	1Kg	244.18	12.4	4.23
Beef Bone in	1Kg	1090.17	4.49	-0.66
Beef,boneless	1Kg	1288.16	18.38	0.09
Bread sliced 500g	1 loaf	295.34	31.26	-0.45
Bread unsliced 500g	1 loaf	268.35	-8	-0.92
Broken Rice (Ofada)	1Kg	418.1	15.1	1.54
Chicken Feet	1Kg	759.11	-7.55	-0.99
Chicken Wings	1Kg	798.1	-13.78	-0.26
Evaporated tinned milk carnation 170g	1 unit	151.15	-0.89	-0.58
Evaporated tinned milk(peak), 170g	1 unit	177.5	4.8	-0.6
Frozen chicken	1 unit	1660.15	-10.26	-2.23
Gari white,sold loose	1Kg	215.26	36.35	1.88
Gari yellow,sold loose	1Kg	278.15	78.46	-1.2
Mudfish (aro) fresh	1Kg	836.47	-13.47	-1.02
Mudfish : dried	1Kg	1431.85	-5.59	0.99
Onion bulb	1Kg	211.27	34.19	18.84
Rice agric sold loose	1Kg	356.29	1.26	0.36
Rice local sold loose	1Kg	345.44	37.61	0.8
Rice Medium Grained	1Kg	375.29	21.15	0.46
Rice,imported high quality sold loose	1Kg	393.58	28.12	0.85
Tomato	1Kg	117.82	-26.28	-9.95
Yam tuber	1Kg	148.88	6	-2.71
Dried Fish Sardine	1Kg	1350.59	-1.91	-4.64
Iced Sardine	1Kg	985.19	1.6	-1.3
Irish potato	1Kg	184.63	-23.35	-7.79
Sweet potato	1Kg	128.49	13.24	-3.64
Tilapia fish (epiya) fresh	1Kg	530.13	-31.6	-0.84
Titus:frozen	1Kg	992.46	14.51	0.1
Catfish (obokun) fresh	1Kg	935.16	8.78	-1.41
Catfish :dried	1Kg	1318.84	2.68	0.78
Catfish Smoked	1Kg	1324.25	2.58	0.61
Mackerel : frozen	1Kg	985.19	-1.48	-0.33
Groundnut oil: 1 bottle, specify bottle	1Ltr	500.58	6.81	-1.29
Maize grain white sold loose	1Kg	193.97	115.21	-6.42
Maize grain yellow sold loose	1Kg	194.68	114.2	-6.6
Palm oil: 1 bottle,specify bottle	1Ltr	492.22	3.39	-1.27
Plantain(ripe)	1Kg	202.49	-7.56	-1.96
Plantain(unripe)	1Kg	196.02	-5.62	-3.37
Vegetable oil:1 bottle,specify bottle	1Ltr	476.67	-0.89	0.38
Wheat flour: prepacked (golden penny 2kg)	2Kg	684.6	15.06	0.15
<b>AVERAGE</b>			<b>10.56</b>	<b>-0.77</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Ogun State

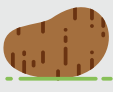





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N357.34</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N390.74</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N345.53</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1297.29</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N175.36</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N302.60</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N314.67</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N450.00</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N333.17</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N661.54</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Ogun State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	452.14	-3.15	-0.95
Agric eggs(medium size price of one)	1 Piece	42	7.84	0.56
Beans brown,sold loose	1Kg	302.6	32.62	-2.07
Beans:white black eye. sold loose	1Kg	256.78	11.53	2.68
Beef Bone in	1Kg	899.59	4.91	-0.83
Beef,boneless	1Kg	1297.29	14.23	1.97
Bread sliced 500g	1 loaf	314.67	3	0.15
Bread unsliced 500g	1 loaf	292.94	9.23	-0.61
Broken Rice (Ofada)	1Kg	670.22	40.09	-1.82
Chicken Feet	1Kg	870	12.99	1.16
Chicken Wings	1Kg	1271.43	10.01	0.38
Evaporated tinned milk carnation 170g	1 unit	175	5	-2.78
Evaporated tinned milk(peak), 170g	1 unit	219.38	9.41	-0.99
Frozen chicken	1 unit	1546.67	-0.57	-0.85
Gari white,sold loose	1Kg	175.36	11.64	-1.62
Gari yellow,sold loose	1Kg	259.72	27.73	9.94
Mudfish (aro) fresh	1Kg	936.72	-1.67	-2.42
Mudfish : dried	1Kg	2354.89	-0.74	-2.72
Onion bulb	1Kg	333.17	45.56	3.29
Rice agric sold loose	1Kg	518.31	39.94	-0.3
Rice local sold loose	1Kg	390.74	19.05	-1.2
Rice Medium Grained	1Kg	435.91	18.37	-3.79
Rice,imported high quality sold loose	1Kg	542.25	37.79	-0.5
Tomato	1Kg	357.34	49.16	-0.06
Yam tuber	1Kg	345.53	68.73	-5.06
Dried Fish Sardine	1Kg	1469.87	0.1	0.41
Iced Sardine	1Kg	712.82	1.61	-9.99
Irish potato	1Kg	314.68	40.63	-2.07
Sweet potato	1Kg	146.27	33.62	-19.14
Tilapia fish (epiya) fresh	1Kg	955.25	11.74	1.05
Titus:frozen	1Kg	1013.1	7.36	-0.02
Catfish (obokun) fresh	1Kg	870.59	8.29	-2.39
Catfish :dried	1Kg	1834.07	9.76	2.92
Catfish Smoked	1Kg	1533.33	2.99	-0.94
Mackerel : frozen	1Kg	864.04	4.48	2.35
Groundnut oil: 1 bottle, specify bottle	1Ltr	626.67	23.68	-0.7
Maize grain white sold loose	1Kg	187.03	57.2	-0.59
Maize grain yellow sold loose	1Kg	187.6	55.75	-7.52
Palm oil: 1 bottle,specify bottle	1Ltr	450	-6.25	-5.94
Plantain(ripe)	1Kg	225.57	35.31	2.13
Plantain(unripe)	1Kg	194.75	-11.43	2.22
Vegetable oil:1 bottle,specify bottle	1Ltr	626.19	11.23	-0.33
Wheat flour: prepacked (golden penny 2kg)	2Kg	661.54	9.35	-1.75
<b>AVERAGE</b>			<b>17.86</b>	<b>-1.13</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Ondo State

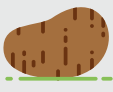





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N329.77</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N475.89</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N211.38</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1478.15</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N150.10</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N364.20</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N267.50</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N467.18</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N340.18</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N661.11</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Ondo State









	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	478	0.46	1.24
Agric eggs(medium size price of one)	1 Piece	43.69	10.96	0.83
Beans brown,sold loose	1Kg	364.2	10.9	0.18
Beans:white black eye. sold loose	1Kg	279.53	24.62	2.34
Beef Bone in	1Kg	965.06	-8.83	1
Beef,boneless	1Kg	1478.15	11.73	4.85
Bread sliced 500g	1 loaf	267.5	2.68	0.1
Bread unsliced 500g	1 loaf	253.85	1.54	-0.67
Broken Rice (Ofada)	1Kg	444.1	23.07	2.98
Chicken Feet	1Kg	1000	8.76	-2.91
Chicken Wings	1Kg	1250.39	19.08	5.67
Evaporated tinned milk carnation 170g	1 unit	173.33	13.04	0.48
Evaporated tinned milk(peak), 170g	1 unit	199.62	0.12	-1.18
Frozen chicken	1 unit	1875	4.44	0
Gari white,sold loose	1Kg	150.1	15.64	-0.76
Gari yellow,sold loose	1Kg	188.69	49.93	-3.1
Mudfish (aro) fresh	1Kg	983.18	25.14	0.09
Mudfish : dried	1Kg	1665.97	4.24	-0.7
Onion bulb	1Kg	340.18	35.39	3.14
Rice agric sold loose	1Kg	416.06	8.71	-0.54
Rice local sold loose	1Kg	475.89	53.01	0.39
Rice Medium Grained	1Kg	496.81	43.39	3.06
Rice,imported high quality sold loose	1Kg	585.61	63.67	-1.62
Tomato	1Kg	329.77	22.77	6.23
Yam tuber	1Kg	211.38	35.48	-3.38
Dried Fish Sardine	1Kg	1223.62	3.75	-0.57
Iced Sardine	1Kg	984.03	21.16	0.09
Irish potato	1Kg	270	36.37	1.5
Sweet potato	1Kg	133.89	2.82	-4.9
Tilapia fish (epiya) fresh	1Kg	888.89	6.95	7.06
Titus:frozen	1Kg	953.09	11.77	-2.64
Catfish (obokun) fresh	1Kg	966.04	3.25	0.11
Catfish :dried	1Kg	1442.76	-3.73	-2.19
Catfish Smoked	1Kg	1467	5.73	-0.2
Mackerel : frozen	1Kg	934.48	6.95	-1.3
Groundnut oil: 1 bottle, specify bottle	1Ltr	666.67	20.69	3.99
Maize grain white sold loose	1Kg	222.34	42.59	-3.43
Maize grain yellow sold loose	1Kg	221.04	49.27	-7.67
Palm oil: 1 bottle,specify bottle	1Ltr	467.18	7.26	1.07
Plantain(ripe)	1Kg	278.08	43.19	9.07
Plantain(unripe)	1Kg	269.49	30.77	0.39
Vegetable oil:1 bottle,specify bottle	1Ltr	677.78	29.72	2.4
Wheat flour: prepacked (golden penny 2kg)	2Kg	661.11	0.74	6.29
<b>AVERAGE</b>			<b>18.59</b>	<b>0.62</b>




# SELECTED FOOD PRICE WATCH - OCTOBER 2020




## Osun State









 <p>Tomato</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N252.88</b>




 <p>Beans brown, sold loose</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N285.24</b>




 <p>Rice Local sold Loose</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N387.97</b>




 <p>Bread sliced 500g</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1 loaf</b>	<b>N344.62</b>




 <p>Yam Tuber</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N391.06</b>

 <p>Palm oil: 1 bottle</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1Ltr</b>	<b>N498.24</b>

 <p>Beef, boneless</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N1297.87</b>

 <p>Onion bulb</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N247.65</b>

 <p>Garri white, sold Loose</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>1KG</b>	<b>N225.00</b>

 <p>Wheat flour: prepacked (golden penny) 2kg</p>		
	UNIT OF MEASUREMENT	OCTOBER 2020
	<b>2KG</b>	<b>N690.00</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Osun State





	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	485.24	13.64	-0.16
Agric eggs(medium size price of one)	1 Piece	41.06	8.77	1.24
Beans brown,sold loose	1Kg	285.24	10.77	3.09
Beans:white black eye. sold loose	1Kg	255.79	16.49	6.5
Beef Bone in	1Kg	755.2	-7	1.48
Beef,boneless	1Kg	1297.87	2.7	2.08
Bread sliced 500g	1 loaf	344.62	8.31	1.36
Bread unsliced 500g	1 loaf	263.33	5.33	-1.51
Broken Rice (Ofada)	1Kg	418	9.68	0.72
Chicken Feet	1Kg	880	17.33	0.23
Chicken Wings	1Kg	1070	10.31	0.94
Evaporated tinned milk carnation 170g	1 unit	186.5	9.71	0.27
Evaporated tinned milk(peak), 170g	1 unit	201.76	1.39	1.15
Frozen chicken	1 unit	1665	-11.2	0.06
Gari white,sold loose	1Kg	225	59.81	-0.32
Gari yellow,sold loose	1Kg	237.5	107.13	2.03
Mudfish (aro) fresh	1Kg	982.55	8.78	0.26
Mudfish : dried	1Kg	1582.83	1.46	0.73
Onion bulb	1Kg	247.65	30.43	4.14
Rice agric sold loose	1Kg	346	-3.7	0.29
Rice local sold loose	1Kg	387.97	26.34	1.84
Rice Medium Grained	1Kg	491.44	39.36	2.29
Rice,imported high quality sold loose	1Kg	483.35	50.95	0.45
Tomato	1Kg	252.88	52.93	-3.45
Yam tuber	1Kg	391.06	48.11	4.31
Dried Fish Sardine	1Kg	1550.2	7.78	0.34
Iced Sardine	1Kg	684.07	-8.81	1.35
Irish potato	1Kg	333.33	34.53	33.33
Sweet potato	1Kg	91.94	-18.79	-28.95
Tilapia fish (epiya) fresh	1Kg	714.29	-4.76	-2.28
Titus:frozen	1Kg	742.6	-15.93	-1.37
Catfish (obokun) fresh	1Kg	969	15.36	-1.03
Catfish :dried	1Kg	1689.09	-4.77	0.81
Catfish Smoked	1Kg	1670.35	10.02	1.23
Mackerel : frozen	1Kg	962.3	4.84	0.14
Groundnut oil: 1 bottle, specify bottle	1Ltr	698.67	12.29	2.08
Maize grain white sold loose	1Kg	169.14	75.98	-13.14
Maize grain yellow sold loose	1Kg	181.25	73.88	1.65
Palm oil: 1 bottle,specify bottle	1Ltr	498.24	21.13	0.06
Plantain(ripe)	1Kg	236	29.53	0.9
Plantain(unripe)	1Kg	208.62	47.74	-4.76
Vegetable oil:1 bottle,specify bottle	1Ltr	687.5	56.01	6.8
Wheat flour: prepacked (golden penny 2kg)	2Kg	690	12.27	-1.11
<b>AVERAGE</b>			<b>20.14</b>	<b>0.61</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Oyo State





 Tomato

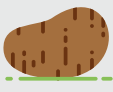
 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N219.52**


 Rice  
Local sold Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N421.12**


 Yam Tuber


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N324.06**


 Beef,  
boneless


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N1188.52**


 Garri  
white,sold Loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N254.94**


 Beans  
brown,  
sold loose


 **UNIT OF MEASUREMENT**  
**1KG**


 **OCTOBER 2020**  
**N339.02**


 Bread  
sliced  
500g


 **UNIT OF MEASUREMENT**  
**1 loaf**


 **OCTOBER 2020**  
**N346.67**


 Palm oil:  
1 bottle


 **UNIT OF MEASUREMENT**  
**1Ltr**


 **OCTOBER 2020**  
**N514.44**


 Onion bulb

 **UNIT OF MEASUREMENT**  
**1KG**

 **OCTOBER 2020**  
**N269.80**

 Wheat flour:  
prepacked  
(golden penny  
2kg

 **UNIT OF MEASUREMENT**  
**2KG**

 **OCTOBER 2020**  
**N685.46**

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Oyo State












	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	472.67	7.09	4.46
Agric eggs(medium size price of one)	1 Piece	41	7	7.73
Beans brown,sold loose	1Kg	339.02	0.77	5.56
Beans:white black eye. sold loose	1Kg	242.42	-27.14	2.93
Beef Bone in	1Kg	959.68	-5.88	1.38
Beef,boneless	1Kg	1188.52	-2.21	4.85
Bread sliced 500g	1 loaf	346.67	17.43	6.12
Bread unsliced 500g	1 loaf	290.63	10.76	0.83
Broken Rice (Ofada)	1Kg	672.5	29.33	1.13
Chicken Feet	1Kg	946	17.76	1.18
Chicken Wings	1Kg	1066.67	23.31	4.92
Evaporated tinned milk carnation 170g	1 unit	164.29	8.08	1.27
Evaporated tinned milk(peak), 170g	1 unit	197.14	-2.59	-1.72
Frozen chicken	1 unit	2500	0	2.04
Gari white,sold loose	1Kg	254.94	57.79	-2.6
Gari yellow,sold loose	1Kg	269.09	35.16	0.68
Mudfish (aro) fresh	1Kg	958.15	20.46	3.38
Mudfish : dried	1Kg	1774.26	14.79	0.09
Onion bulb	1Kg	269.8	74.6	3.51
Rice agric sold loose	1Kg	377	3.14	0.27
Rice local sold loose	1Kg	421.12	9.81	1.91
Rice Medium Grained	1Kg	531.46	58.24	1.39
Rice,imported high quality sold loose	1Kg	560.88	54.16	-1.49
Tomato	1Kg	219.52	22.33	0.08
Yam tuber	1Kg	324.06	81.74	0.95
Dried Fish Sardine	1Kg	1026.59	-7.28	-3.48
Iced Sardine	1Kg	835.19	4.09	0.18
Irish potato	1Kg	228.79	2.58	-2.88
Sweet potato	1Kg	149.99	-21.73	-13.33
Tilapia fish (epiya) fresh	1Kg	927.61	31.08	0.46
Titus:frozen	1Kg	991.26	10.06	2.94
Catfish (obokun) fresh	1Kg	940	4.44	0.53
Catfish :dried	1Kg	1683.33	5.4	0.09
Catfish Smoked	1Kg	1440	-2.43	-0.07
Mackerel : frozen	1Kg	855.41	6.54	1.78
Groundnut oil: 1 bottle, specify bottle	1Ltr	655.56	7.76	-2.75
Maize grain white sold loose	1Kg	176.7	63.49	3.44
Maize grain yellow sold loose	1Kg	186.98	70.8	0.76
Palm oil: 1 bottle,specify bottle	1Ltr	514.44	18.39	5.17
Plantain(ripe)	1Kg	238.61	29.79	-0.17
Plantain(unripe)	1Kg	334.04	65.67	41.43
Vegetable oil:1 bottle,specify bottle	1Ltr	617.78	17.65	0
Wheat flour: prepacked (golden penny 2kg)	2Kg	685.46	5.37	0.36
<b>AVERAGE</b>			<b>19.25</b>	<b>1.98</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Plateau State



 Tomato	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N261.33</b>	 Beans brown, sold loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N285.14</b>
 Rice Local sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N371.29</b>	 Bread sliced 500g	 UNIT OF MEASUREMENT <b>1 loaf</b>	 OCTOBER 2020 <b>N274.17</b>
 Yam Tuber	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N158.24</b>	 Palm oil: 1 bottle	 UNIT OF MEASUREMENT <b>1Ltr</b>	 OCTOBER 2020 <b>N534.76</b>
 Beef, boneless	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N1270.14</b>	 Onion bulb	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N204.63</b>
 Garri white,sold Loose	 UNIT OF MEASUREMENT <b>1KG</b>	 OCTOBER 2020 <b>N226.61</b>	 Wheat flour: prepacked (golden penny 2kg	 UNIT OF MEASUREMENT <b>2KG</b>	 OCTOBER 2020 <b>N736.67</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Plateau State




	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	457.51	-1.51	0.22
Agric eggs(medium size price of one)	1 Piece	40.44	4.67	2.19
Beans brown,sold loose	1Kg	285.14	-8.82	0.69
Beans:white black eye. sold loose	1Kg	267.29	-8.03	2.34
Beef Bone in	1Kg	1190.14	18.51	-0.31
Beef,boneless	1Kg	1270.14	4.6	0.08
Bread sliced 500g	1 loaf	274.17	-2.52	-0.06
Bread unsliced 500g	1 loaf	257.86	-4.05	0.61
Broken Rice (Ofada)	1Kg	460	16.45	0.21
Chicken Feet	1Kg	499.26	-27.64	-0.18
Chicken Wings	1Kg	666.58	-5.11	-0.38
Evaporated tinned milk carnation 170g	1 unit	146.17	-2.56	-0.34
Evaporated tinned milk(peak), 170g	1 unit	181.33	-5.56	0.42
Frozen chicken	1 unit	2750.25	-11.66	-1.78
Gari white,sold loose	1Kg	226.61	70.33	0.01
Gari yellow,sold loose	1Kg	368.75	94.49	33.3
Mudfish (aro) fresh	1Kg	839.55	-7.03	-0.28
Mudfish : dried	1Kg	1399.25	-6.26	-0.07
Onion bulb	1Kg	204.63	11.36	22.78
Rice agric sold loose	1Kg	433.33	42.08	2.56
Rice local sold loose	1Kg	371.29	49.68	0.64
Rice Medium Grained	1Kg	355.93	7.53	0.01
Rice,imported high quality sold loose	1Kg	435.63	22.21	0.73
Tomato	1Kg	261.33	27.94	31.06
Yam tuber	1Kg	158.24	-8.81	-8.82
Dried Fish Sardine	1Kg	1400.1	2.45	-0.36
Iced Sardine	1Kg	969.52	-4.01	0.25
Irish potato	1Kg	153.19	-38.47	-0.64
Sweet potato	1Kg	171.75	12.21	-5.29
Tilapia fish (epiya) fresh	1Kg	579.14	-25.27	-1.53
Titus:frozen	1Kg	988.48	-0.87	0.68
Catfish (obokun) fresh	1Kg	962.52	6.92	-1.9
Catfish :dried	1Kg	1622.22	-18.81	-0.97
Catfish Smoked	1Kg	1401.92	-5.41	-0.74
Mackerel : frozen	1Kg	986.67	1.2	0.58
Groundnut oil: 1 bottle, specify bottle	1Ltr	487.78	-3.09	-0.55
Maize grain white sold loose	1Kg	178.59	130.48	-1.33
Maize grain yellow sold loose	1Kg	180.15	133.13	-1
Palm oil: 1 bottle,specify bottle	1Ltr	534.76	16.25	-0.81
Plantain(ripe)	1Kg	245.37	6.68	-2.5
Plantain(unripe)	1Kg	237.38	30.33	-12.14
Vegetable oil:1 bottle,specify bottle	1Ltr	527.78	11.5	-1.04
Wheat flour: prepacked (golden penny 2kg)	2Kg	736.67	25.98	1.38
<b>AVERAGE</b>			<b>12.83</b>	<b>1.34</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020


## Rivers State


Tomato




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N548.07**



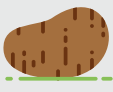
Rice  
Local sold  
Loose




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N525.97**




Yam Tuber




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N445.08**




Beef,  
boneless




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N1551.92**




Garri  
white,sold  
Loose




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N390.60**




Beans  
brown,  
sold loose




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N416.27**




Bread  
sliced  
500g




UNIT OF MEASUREMENT  
**1 loaf**




OCTOBER 2020  
**N402.12**




Palm oil:  
1 bottle




UNIT OF MEASUREMENT  
**1Ltr**




OCTOBER 2020  
**N507.41**




Onion bulb




UNIT OF MEASUREMENT  
**1KG**




OCTOBER 2020  
**N404.89**



Wheat flour:  
prepacked  
(golden penny  
2kg



UNIT OF MEASUREMENT  
**2KG**



OCTOBER 2020  
**N867.86**



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Rivers State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	583.5	14.52	1.44
Agric eggs(medium size price of one)	1 Piece	49.25	5.34	0.3
Beans brown,sold loose	1Kg	416.27	13.33	3.18
Beans:white black eye. sold loose	1Kg	387	11.33	0.33
Beef Bone in	1Kg	1121.11	11.01	2.75
Beef,boneless	1Kg	1551.92	18.07	2.44
Bread sliced 500g	1 loaf	402.12	18.27	0.53
Bread unsliced 500g	1 loaf	389.44	20.76	-0.14
Broken Rice (Ofada)	1Kg	515.48	13.4	0.58
Chicken Feet	1Kg	1120.48	29.95	0.06
Chicken Wings	1Kg	1270.14	15.09	0.16
Evaporated tinned milk carnation 170g	1 unit	165.56	6.81	0.95
Evaporated tinned milk(peak), 170g	1 unit	196.16	4.11	0.21
Frozen chicken	1 unit	1775.67	-4.02	0.65
Gari white,sold loose	1Kg	390.6	94.49	18.21
Gari yellow,sold loose	1Kg	393.96	93.03	10.33
Mudfish (aro) fresh	1Kg	825	-17.5	3.13
Mudfish : dried	1Kg	2347.7	-1.59	1.08
Onion bulb	1Kg	404.89	61.7	-0.55
Rice agric sold loose	1Kg	590.91	18.18	4.29
Rice local sold loose	1Kg	525.97	29.76	5.02
Rice Medium Grained	1Kg	592.89	26.47	0.33
Rice,imported high quality sold loose	1Kg	683.88	43.82	5.37
Tomato	1Kg	548.07	32.1	9.01
Yam tuber	1Kg	445.08	103.04	12.5
Dried Fish Sardine	1Kg	1736.71	11.64	1.51
Iced Sardine	1Kg	1179.3	7.95	0.12
Irish potato	1Kg	474.85	33.09	-1.53
Sweet potato	1Kg	246.98	23.33	9.53
Tilapia fish (epiya) fresh	1Kg	1131.63	17.4	8.58
Titus:frozen	1Kg	1097.51	21.61	3.44
Catfish (obokun) fresh	1Kg	1037.82	5.09	8.21
Catfish :dried	1Kg	1775.75	25.94	3.41
Catfish Smoked	1Kg	1565.48	-4.64	0.45
Mackerel : frozen	1Kg	1105.07	9.35	1.21
Groundnut oil: 1 bottle, specify bottle	1Ltr	688.89	34.78	1.2
Maize grain white sold loose	1Kg	302.91	40.88	1.68
Maize grain yellow sold loose	1Kg	290.2	35.05	2.42
Palm oil: 1 bottle,specify bottle	1Ltr	507.41	16.91	4.84
Plantain(ripe)	1Kg	351.9	33.82	9.09
Plantain(unripe)	1Kg	335.24	25.36	11.74
Vegetable oil:1 bottle,specify bottle	1Ltr	741.18	18.27	6.54
Wheat flour: prepacked (golden penny 2kg)	2Kg	867.86	13.93	4.63
<b>AVERAGE</b>			<b>23.98</b>	<b>3.7</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Sokoto State

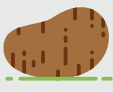





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N149.61</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N323.42</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N263.96</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1250.00</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N172.19</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N265.73</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N353.00</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N570.00</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N149.84</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N687.50</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Sokoto State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	495.08	3.14	0.31
Agric eggs(medium size price of one)	1 Piece	42	5	-2.33
Beans brown,sold loose	1Kg	265.73	-3.59	1.07
Beans:white black eye. sold loose	1Kg	248.25	-17.23	1.99
Beef Bone in	1Kg	1167.57	14.22	2.53
Beef,boneless	1Kg	1250	2.46	4.11
Bread sliced 500g	1 loaf	353	2.69	0.16
Bread unsliced 500g	1 loaf	365	20.33	-0.94
Broken Rice (Ofada)	1Kg	320.11	-15.8	0.63
Chicken Feet	1Kg	567.5	13.95	1.34
Chicken Wings	1Kg	680	-3.23	0.74
Evaporated tinned milk carnation 170g	1 unit	170	4.72	0
Evaporated tinned milk(peak), 170g	1 unit	195.82	8.7	-0.98
Frozen chicken	1 unit	2386.67	-0.56	0.14
Gari white,sold loose	1Kg	172.19	7.2	3.91
Gari yellow,sold loose	1Kg	231.68	28.95	3.15
Mudfish (aro) fresh	1Kg	1143.33	27.04	0.29
Mudfish : dried	1Kg	1971.75	10.08	1.45
Onion bulb	1Kg	149.84	-20.86	3.99
Rice agric sold loose	1Kg	393.65	21.73	4.45
Rice local sold loose	1Kg	323.42	16.33	23.19
Rice Medium Grained	1Kg	359.56	15.86	-0.95
Rice,imported high quality sold loose	1Kg	406.46	21.94	0.25
Tomato	1Kg	149.61	-24.75	-1.56
Yam tuber	1Kg	263.96	65.29	-1.03
Dried Fish Sardine	1Kg	1459.11	7.8	4.22
Iced Sardine	1Kg	958.33	11.24	-0.43
Irish potato	1Kg	325.4	61.67	3.95
Sweet potato	1Kg	173.87	13.25	0.83
Tilapia fish (epiya) fresh	1Kg	798.43	17.1	0.15
Titus:frozen	1Kg	977.78	4.76	2.92
Catfish (obokun) fresh	1Kg	1062.5	25	0.44
Catfish :dried	1Kg	1278.63	1.73	2.26
Catfish Smoked	1Kg	1257.5	-1.6	-0.2
Mackerel : frozen	1Kg	816.67	-9.28	-0.65
Groundnut oil: 1 bottle, specify bottle	1Ltr	593.33	21.92	-0.8
Maize grain white sold loose	1Kg	154.67	31.12	10.14
Maize grain yellow sold loose	1Kg	171.32	75.87	32.48
Palm oil: 1 bottle,specify bottle	1Ltr	570	12.92	4.27
Plantain(ripe)	1Kg	225.45	49.44	2.48
Plantain(unripe)	1Kg	210.71	58.03	0.02
Vegetable oil:1 bottle,specify bottle	1Ltr	594.44	39.87	2.23
Wheat flour: prepacked (golden penny 2kg)	2Kg	687.5	2.61	1.85
<b>AVERAGE</b>			<b>14.58</b>	<b>2.61</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Taraba State

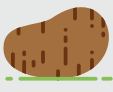





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N141.16</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N325.51</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N144.40</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1280.68</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N195.20</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N226.40</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N290.43</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N482.67</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N210.91</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N755.03</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Taraba State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	413.33	-2.36	0.72
Agric eggs(medium size price of one)	1 Piece	40.37	0.92	2.85
Beans brown,sold loose	1Kg	226.4	-2.97	1.19
Beans:white black eye. sold loose	1Kg	211.25	-6.5	4.23
Beef Bone in	1Kg	906.64	-6.03	0.61
Beef,boneless	1Kg	1280.68	6.08	0.06
Bread sliced 500g	1 loaf	290.43	-3.19	-2.26
Bread unsliced 500g	1 loaf	281.82	-1.2	7.64
Broken Rice (Ofada)	1Kg	389.12	-1.83	0.29
Chicken Feet	1Kg	339.74	-9.44	-0.14
Chicken Wings	1Kg	505.18	-2.94	0.16
Evaporated tinned milk carnation 170g	1 unit	150	0	0.46
Evaporated tinned milk(peak), 170g	1 unit	170.98	-10.86	-3.81
Frozen chicken	1 unit	1403.55	-7.96	0.09
Gari white,sold loose	1Kg	195.2	19.21	3.75
Gari yellow,sold loose	1Kg	215.02	21.22	3.48
Mudfish (aro) fresh	1Kg	837.5	0.5	2.55
Mudfish : dried	1Kg	1321.67	-16.45	-1.29
Onion bulb	1Kg	210.91	31.9	22.61
Rice agric sold loose	1Kg	350.16	17.84	1.08
Rice local sold loose	1Kg	325.51	20.69	2.76
Rice Medium Grained	1Kg	404.13	28.18	1
Rice,imported high quality sold loose	1Kg	411.09	17.92	0.16
Tomato	1Kg	141.16	-19.42	-6.54
Yam tuber	1Kg	144.4	15.73	-7.34
Dried Fish Sardine	1Kg	1360.16	8.35	0.37
Iced Sardine	1Kg	903.28	-6.88	0.18
Irish potato	1Kg	200	0	-3.5
Sweet potato	1Kg	134.63	4.54	-19.44
Tilapia fish (epiya) fresh	1Kg	478.89	-4.49	-0.19
Titus:frozen	1Kg	905.19	-4.73	0.23
Catfish (obokun) fresh	1Kg	755.88	-20.43	-0.41
Catfish:dried	1Kg	1311.76	-7.82	-0.21
Catfish Smoked	1Kg	1365.48	-0.69	4.13
Mackerel : frozen	1Kg	903.48	5.98	0.15
Groundnut oil: 1 bottle, specify bottle	1Ltr	534.39	2.88	0.11
Maize grain white sold loose	1Kg	132.79	46.17	-2.53
Maize grain yellow sold loose	1Kg	141.72	52.93	-1.6
Palm oil: 1 bottle,specify bottle	1Ltr	482.67	-12.24	0.02
Plantain(ripe)	1Kg	195.14	2.51	-2.02
Plantain(unripe)	1Kg	184.64	-7.68	-3.58
Vegetable oil: 1 bottle,specify bottle	1Ltr	523.33	-5.99	0.39
Wheat flour: prepacked (golden penny 2kg)	2Kg	755.03	-3.51	0.27
<b>AVERAGE</b>			<b>3.21</b>	<b>0.16</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Yobe State

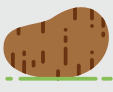





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N136.71</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N291.94</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N122.41</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1189.12</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N191.76</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N209.56</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N250.30</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N467.14</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N200.89</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N677.12</b>

# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Yobe State






	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	443.6	5.62	0.2
Agric eggs(medium size price of one)	1 Piece	42.33	10.76	-2.81
Beans brown,sold loose	1Kg	209.56	-15.11	3.65
Beans:white black eye. sold loose	1Kg	244.83	16.58	10.91
Beef Bone in	1Kg	930.56	-2.9	3.15
Beef,boneless	1Kg	1189.12	1.92	0.29
Bread sliced 500g	1 loaf	250.3	6.97	0.12
Bread unsliced 500g	1 loaf	216.93	-9.61	0.64
Broken Rice (Ofada)	1Kg	361.25	47.22	0.38
Chicken Feet	1Kg	398.15	-9.69	-0.5
Chicken Wings	1Kg	588.03	-16.01	-0.22
Evaporated tinned milk carnation 170g	1 unit	150	-3.23	1.33
Evaporated tinned milk(peak), 170g	1 unit	179.4	-3.89	0.01
Frozen chicken	1 unit	2000.15	-9.08	-4.77
Gari white,sold loose	1Kg	191.76	20.34	-1.19
Gari yellow,sold loose	1Kg	216.43	55.98	-1.14
Mudfish (aro) fresh	1Kg	867.32	-7.29	0.08
Mudfish : dried	1Kg	1433.33	-15.6	-3.75
Onion bulb	1Kg	200.89	67.41	31.03
Rice agric sold loose	1Kg	317.84	-10.47	1.44
Rice local sold loose	1Kg	291.94	4.5	3.08
Rice Medium Grained	1Kg	377.22	24.64	1.27
Rice,imported high quality sold loose	1Kg	414.28	22.75	0.86
Tomato	1Kg	136.71	-31.64	-12.05
Yam tuber	1Kg	122.41	-24.11	0.68
Dried Fish Sardine	1Kg	1399.2	0.73	-0.07
Iced Sardine	1Kg	920.31	0.4	0.56
Irish potato	1Kg	200	-16.12	-9.09
Sweet potato	1Kg	147.98	28.59	-5.75
Tilapia fish (epiya) fresh	1Kg	456.99	-30.08	-0.48
Titus:frozen	1Kg	999.03	-12.77	-0.1
Catfish (obokun) fresh	1Kg	770.39	-3.89	-0.22
Catfish :dried	1Kg	1371.32	-23.82	-5.25
Catfish Smoked	1Kg	1500.39	-7.96	-3.14
Mackerel : frozen	1Kg	914.04	-1.58	0.05
Groundnut oil: 1 bottle, specify bottle	1Ltr	546.67	7.11	-1.38
Maize grain white sold loose	1Kg	138.49	47.48	-6.11
Maize grain yellow sold loose	1Kg	145.02	62.41	-2.69
Palm oil: 1 bottle,specify bottle	1Ltr	467.14	2.19	1.01
Plantain(ripe)	1Kg	190.45	-12.84	-0.82
Plantain(unripe)	1Kg	181.06	-9.47	-1.56
Vegetable oil:1 bottle,specify bottle	1Ltr	530	25.53	0.18
Wheat flour: prepacked (golden penny 2kg)	2Kg	677.12	3.33	0.46
<b>AVERAGE</b>			<b>4.31</b>	<b>-0.04</b>


# SELECTED FOOD PRICE WATCH - OCTOBER 2020



## Zamfara State

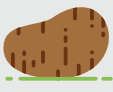





  
 Tomato


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N244.94</b>




  
 Rice  
 Local sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N278.83</b>




  
 Yam Tuber


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N278.95</b>




  
 Beef,  
 boneless


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N1273.75</b>




  
 Garri  
 white,sold  
 Loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N225.47</b>




  
 Beans  
 brown,  
 sold loose


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N286.83</b>




  
 Bread  
 sliced  
 500g


	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1 loaf</b>	<b>N313.33</b>




  
 Palm oil:  
 1 bottle

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1Ltr</b>	<b>N539.49</b>


  
 Onion bulb

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>1KG</b>	<b>N184.85</b>


  
 Wheat flour:  
 prepacked  
 (golden penny  
 2kg

	
UNIT OF MEASUREMENT	OCTOBER 2020
<b>2KG</b>	<b>N693.33</b>



# SELECTED FOOD PRICE WATCH - OCTOBER 2020

## Zamfara State



	Unit of Measurement	Oct-20	OCT 2019-OCT 2020)	SEP 2020-OCT 2020
Agric eggs medium size	1 Dozen	454.29	2.32	-1.81
Agric eggs(medium size price of one)	1 Piece	40.77	8.72	0.25
Beans brown,sold loose	1Kg	286.83	-4.58	-1.05
Beans:white black eye. sold loose	1Kg	276.13	-5.35	0.8
Beef Bone in	1Kg	1028.2	0.8	1.8
Beef,boneless	1Kg	1273.75	0.08	0.36
Bread sliced 500g	1 loaf	313.33	-6.25	-11.4
Bread unsliced 500g	1 loaf	363.64	19.32	0.81
Broken Rice (Ofada)	1Kg	335.68	-7.11	1.72
Chicken Feet	1Kg	521	30.25	4.2
Chicken Wings	1Kg	660	-3.68	1.54
Evaporated tinned milk carnation 170g	1 unit	156	-1.23	-1.71
Evaporated tinned milk(peak), 170g	1 unit	188.33	-1.93	1.8
Frozen chicken	1 unit	2170	0.15	-0.28
Gari white,sold loose	1Kg	225.47	58.05	-1.5
Gari yellow,sold loose	1Kg	225.65	52.79	-3.19
Mudfish (aro) fresh	1Kg	1093.33	23.99	0.54
Mudfish : dried	1Kg	1447.78	4.77	-0.04
Onion bulb	1Kg	184.85	-7.9	-0.09
Rice agric sold loose	1Kg	388.16	27.89	0.24
Rice local sold loose	1Kg	278.83	9.72	2.39
Rice Medium Grained	1Kg	383.33	11.38	-0.75
Rice,imported high quality sold loose	1Kg	403.28	15.6	-0.48
Tomato	1Kg	244.94	108.73	1.98
Yam tuber	1Kg	278.95	134.4	16.08
Dried Fish Sardine	1Kg	1315.83	-7.29	-0.32
Iced Sardine	1Kg	976.81	13.58	-1.33
Irish potato	1Kg	203.5	9.58	0.68
Sweet potato	1Kg	84.79	-24.19	-14.16
Tilapia fish (epiya) fresh	1Kg	1063.1	30.17	0.06
Titus:frozen	1Kg	999	8.8	0.04
Catfish (obokun) fresh	1Kg	1040	24.8	2.97
Catfish :dried	1Kg	1173.33	-14.56	2.03
Catfish Smoked	1Kg	1526	5.22	-1.55
Mackerel : frozen	1Kg	973.75	2.25	0.65
Groundnut oil: 1 bottle, specify bottle	1Ltr	626.67	30.28	-0.49
Maize grain white sold loose	1Kg	161.81	70.2	0.38
Maize grain yellow sold loose	1Kg	169.56	96.13	5.25
Palm oil: 1 bottle,specify bottle	1Ltr	539.49	17.45	-2.73
Plantain(ripe)	1Kg	210	13.29	-1.41
Plantain(unripe)	1Kg	175	-3.86	-2.78
Vegetable oil:1 bottle,specify bottle	1Ltr	579.05	23.49	1
Wheat flour: prepacked (golden penny 2kg)	2Kg	693.33	0.85	-0.95
<b>AVERAGE</b>			<b>17.84</b>	<b>-0.01</b>

Item Labels	Jan-17	Feb-17	Mar-17	Apr-17	May-17	Jun-17	Jul-17	Aug-17	Sep-17	Oct-17	Nov-17	Dec-17	Jan-18	Feb-18	Mar-18	Apr-18	May-18	Jun-18	Jul-18	Aug-18	Sep-18	Oct-18	Nov-18	Dec-18	Jan-19	Feb-19	Mar-19	Apr-19	May-19	Jun-19	Jul-19	Aug-19	Sep-19	Oct-19	Nov-19	Dec-19	Jan-20	Feb-20	Mar-20	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	YoY	MoM	Lowest	Highest	
Agric eggs medium size	512.99	520.16	507.69	518.66	522.71	514.66	498.50	485.19	487.51	472.85	463.11	494.43	437.13	519.07	527.32	552.09	548.66	539.75	471.75	472.73	482.90	477.76	466.97	469.86	464.27	459.81	467.18	464.87	495.33	468.31	461.89	456.81	462.46	463.91	457.80	454.17	448.26	461.15	476.72	462.46	472.83	474.12	478.97	480.76	487.81	548	1.47	Borno (410)	Rivers (583.5)		
Agric eggs (medium size price of one)	47.42	42.90	43.93	44.22	45.73	45.38	44.32	42.92	45.72	42.06	40.82	41.32	38.85	41.27	41.21	42.25	41.77	41.38	41.22	41.79	41.17	41.73	42.40	42.58	42.18	42.23	41.92	41.95	42.82	39.31	38.38	40.57	41.30	40.51	41.18	40.72	40.17	39.29	39.90	41.54	40.84	42.176	42.454	42.778	42.899	43.723	7.92	1.92	Kano (38.67)	Ivo (49.5)	
Beans brown solid loose	353.60	337.11	353.28	357.19	365.86	374.26	382.35	370.25	404.84	382.58	369.78	361.97	385.53	387.48	395.34	395.19	407.73	418.78	411.02	410.16	416.07	411.05	396.73	386.78	382.76	373.91	368.07	372.84	365.32	342.82	327.18	307.27	318.99	308.93	307.30	299.48	285.61	276.30	267.81	277.05	277.49	289.89	300.26	305.43	312.66	326.68	5.81	4.55	Bauchi (186.3)	Ebonyi (568.07)	
Beans white black eye solid loose	305.53	209.85	318.45	324.04	323.28	299.64	343.94	335.71	358.13	342.05	337.09	314.93	344.52	348.55	357.94	355.32	367.23	369.43	361.33	361.68	363.71	354.22	346.41	344.72	336.73	338.05	330.76	329.45	329.66	311.40	289.78	273.71	285.74	292.00	284.65	281.60	268.80	255.25	241.74	250.33	251.43	259.39	268.38	274.8	284.87	300.37	2.87	5.44	Igboya (191.07)	Ebonyi (551.23)	
Beef Bone in	1001.24	975.65	1010.29	1035.45	1123.65	1129.02	1128.94	1151.38	1078.49	1081.30	1065.59	1067.73	1045.55	1017.26	1024.64	980.26	1011.11	1034.57	1028.12	1061.78	1027.66	1003.35	998.67	997.73	994.20	980.54	980.12	1025.26	1023.39	1003.20	1009.69	1007.39	1021.84	1025.69	1026.24	1045.86	1031.53	1035.38	1025.48	1047.12	1053.47	1069.9	1075.7	1064.3	1070.4	1083.3	5.62	1.21	Oun (75.2)	Cross River (1363.21)	
Beef boneless	1249.48	1270.67	1281.71	1323.10	1378.91	1393.42	1376.91	1376.83	1324.93	1312.73	1286.86	1236.44	1296.70	1274.71	1262.51	1257.73	1275.77	1271.54	1262.73	1281.02	1281.64	1260.59	1251.45	1270.81	1273.99	1254.99	1253.48	1271.10	1268.95	1240.44	1246.78	1244.23	1257.58	1281.59	1293.00	1292.52	1289.80	1279.60	1276.10	1307.68	1306.47	1317	1330.8	1339.7	1351.7	1380.1	7.69	2.11	Adamawa (1178.48)	Enugu (1624.47)	
Bread sliced 500g	302.87	299.75	297.51	296.63	307.70	320.58	314.47	304.20	310.62	305.88	298.96	290.05	313.43	314.17	305.88	306.54	305.98	300.00	305.25	307.97	303.84	299.19	305.48	296.91	300.61	299.11	299.98	297.87	297.28	292.73	293.49	301.36	302.59	296.56	299.59	304.06	302.45	303.06	304.60	316.55	315.00	320.1	318.56	312.74	318.11	322.61	8.79	1.42	Bauchi (248.33)	Bayelsa (462.5)	
Bread unsliced 500g	270.25	264.86	262.33	277.69	282.26	286.78	285.55	258.70	286.33	280.34	274.32	268.23	282.12	284.36	278.61	278.41	278.11	275.60	272.71	278.27	278.57	272.91	277.87	271.14	272.97	271.74	273.14	271.49	272.09	274.49	271.02	275.40	275.89	278.66	280.51	277.79	276.26	275.20	278.79	288.45	285.17	284.51	287.74	283.97	291.04	298.73	7.20	2.64	Yobe (216.93)	Bayelsa (457.14)	
Broken Rice (Ofada)	377.41	392.04	421.54	425.53	460.10	472.29	473.40	415.34	431.59	416.18	417.24	319.86	413.19	405.69	399.47	400.94	405.03	404.43	403.56	397.29	384.49	370.21	385.61	381.64	382.15	385.81	382.45	381.13	377.77	373.49	367.44	366.22	370.30	371.89	376.86	406.94	409.31	404.32	390.54	408.05	405.58	420.31	426.36	429.81	442.77	452.21	21.60	2.13	Kano (301.5)	Lagos (710.65)	
Catfish (obokun) fresh	899.58	885.13	884.15	886.65	900.73	916.55	910.57	921.17	894.52	906.94	902.02	919.82	1014.62	1037.33	1008.28	993.54	1013.11	1062.43	1064.74	1088.95	1089.25	1080.38	1112.09	1060.83	1073.51	1066.39	1065.14	1082.01	1063.03	1024.68	994.21	1008.32	1002.53	1004.38	1027.76	1043.41	1025.13	1022.84	1027.30	1048.90	1044.13	1040.80	1044.13	1032.22	1056.6	1053.6	1063.5	5.89	0.94	Taraba (755.88)	Anambra (1566.47)
Catfish dried	2204.12	2150.18	2189.55	2189.10	2213.66	2255.24	2215.25	2176.82	2159.00	2083.74	2214.33	2146.61	1852.92	1793.58	1753.53	1779.71	1770.53	1792.12	1807.11	1766.55	2362.28	1814.97	1808.55	1814.67	1799.35	1791.90	1763.61	1766.55	1727.36	1700.51	1712.11	1709.80	1697.55	1723.23	1732.45	1713.30	1711.32	1724.52	1709.24	1722.2	1677.2	1711.2	1718.5	1728.8	1.84	0.60	Zamfara (1173.33)	Ivo (2998.08)			
Catfish Smoked	817.09	825.35	834.26	837.09	845.91	848.41	853.18	852.93	839.49	845.10	847.66	807.40	846.66	1540.80	1896.94	1524.75	1514.53	1520.93	1527.82	1504.39	1512.40	1499.60	1482.30	1490.84	1519.80	1504.17	1517.26	1548.23	1552.13	1528.98	1504.20	1515.95	1499.70	1494.81	1501.28	1507.39	1502.48	1496.07	1501.97	1524.80	1523.47	1529.93	1536	1526	1529.5	1535.5	2.72	0.39	Sokoto (1257.5)	Abia (1930.59)	
Chicken Feet	765.28	785.42	907.51	768.11	819.59	832.79	832.66	834.74	817.19	800.10	790.91	1155.99	850.00	778.64	772.99	758.88	782.55	784.78	930.50	803.00	808.05	775.66	985.33	737.76	749.53	731.91	727.61	746.28	727.73	493.61	663.03	685.16	670.87	659.60	686.71	699.06	685.98	684.50	691.70	711.61	701.66	712.19	715.89	724.19	715.44	720.5	2.23	0.71	Taraba (339.74)	Bayelsa (2259.24)	
Chicken Wings	919.09	963.46	980.88	986.58	925.55	952.18	958.05	944.93	979.32	940.71	953.60	950.56	950.77	954.99	958.83	921.49	925.54	960.56	963.05	992.48	1012.50	982.51	981.48	943.99	963.89	923.22	927.20	947.99	934.05	905.44	877.13	891.87	874.72	880.90	893.00	915.62	909.31	922.52	920.52	925.60	929.24	948.24	953.89	940.13	962.13	972.26	10.37	1.05	Adamawa (490.24)	Etsi (1602.37)	
Dried Fish Sardine	959.11	935.51	968.67	972.73	991.64	989.49	968.76	972.65	947.60	947.00	968.77	1077.82	1455.50	1405.75	1410.11	1371.80	1399.97	1378.57	1395.41	1382.94	1374.26	1365.68	1331.62	1342.97	1342.79	1380.38	1381.40	1414.37	1414.49	1394.73	1373.11	1379.51	1381.57	1397.91	1423.23	1444.94	1454.59	1460.71	1432.95	1447.58	1445.67	1453.3	1466.1	1466.7	1477.6	1479.9	5.86	0.16	Ivo (1026.59)	Enugu (1923.12)	
Evaporated timed milk carnation 170g	136.29	140.53	143.56	151.47	157.95	162.80	162.72	158.85	174.35	170.60	169.44	159.72	172.24	166.55	158.51	160.22	165.26	166.23	165.74	162.99	166.28	163.34	162.42	163.28	164.39	161.60	161.98	161.68	163.37	156.95	157.14	156.98	159.61	159.51	157.21	157.89	157.11	150.54	153.37	160.98	161.16	162.85	163.74	162.23	163.8	164.25	3.03	0.33	Adamawa (227.14)	Ivo (201.38)	
Evaporated timed milk (peak) 170g	157.75	166.14	177.05	197.15	198.42	194.67	195.94	190.53	206.00	198.67	196.02	191.44	196.71	191.14	187.61	188.14	192.93	189.93	187.84	184.25	189.29	187.25	187.56	189.98	190.68	190.92	188.23	188.18	189.51	188.90	188.59	186.61	186.15	187.44	183.56	184.80	185.63	183.81	183.12	190.17	190.00	191.71	193.03	194.11	195.58	195.03	4.05	-0.28	Taraba (170.98)	Bayelsa (243.59)	
Frozen chicken	1419.75	1428.95	1555.51	1406.63	1405.97	1645.29	1623.84	1529.25	1570.26	1580.13	1571.48	1708.64	1547.50	1548.87	1544.95	1537.85	1536.52	1537.25	1541.37	1533.22	1534.18	1558.22	1551.25	1625.05	1614.19	1632.71	1910.70	1681.11	1701.62	1752.97	1783.38	1770.45	1901.64	1993.98	2008.39	1995.58	1983.14	1948.59	1941.04	1958.10	1944.56	1950.55	1953.55	1948.1	1931.9	1993	3.06	0.05	Taraba (1403.55)	Plateau (2790.25)	
Gari white solid loose	219.56	260.94	273.67	288.45	292.97	315.61	317.10	310.15	301.99	268.10	251.91	199.68	229.26	210.21	209.12	208.21	216.01	216.72	200.67	198.82	195.86	188.39	183.59	166.64	165.80	166.61	163.51	163.37	161.55	145.31	151.73	154.10	154.55	162.42	160.06	159.39	159.64	160.33	166.60	190.23	196.16	214.73	222.47	224.53	235.77	244.96	50.82	3.90	Ondo (150.1)	Rivers (270.6)	
Gari yellow solid loose	255.83	480.45	302.05	320.92	326.83	354.55	350.46	345.82	335.94	305.02	289.15	219.75	271.35	250.06	243.99	246.50	256.51	259.83	248.72	246.75	253.70	236.26	222.42	195.99	191.78	191.06	184.18	182.59	180.75	156.02	154.05	167.34	172.23	175.57	171.32	183.26	182.19	186.35	192.41	211.83	222.25	241.58	255.1	253.02	263.57	275.01	56.63	4.34	Katsina (183.82)	Abia Irom (400.17)	
Groundnut oil: 1 bottle, specify bottle	477.86	482.94	494.1	494.24	500.19	503.28	505.12	508.33	477.97	504.03	503.79	600.36	528.59	571.10	585.15	584.47	601.51	612.45	603.58	603.41	608.35	592.51	603.90	585.52	588.60	585.69	580.55	578.52	573.40	558																					



## METHODOLOGY

Field work is done solely by over 700 NBS Staff in all States of the federation supported by supervisors who are monitored by internal and external observers.

Prices are collected across all the 774 local governments across all States and the FCT from over 10,000 respondents and locations and reflect actual prices households state they actually bought those items.

The average of all these prices is then reported for each state and the average for the country is the average for the state.

NBS audit team subsequently conducts randomly selected verification of prices recorded.

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